

Mevalonate depletion mediates the suppressive impact of geranylgeraniol on murine B16 melanoma cells

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Abstract

The diterpene geranylgeraniol (all *trans*-3,7,11,15-tetramethyl-2,6,10,14-hexadecatetraen-1-ol) suppresses the growth of human liver, lung, ovary, pancreas, colon, stomach and blood tumors with undefined mechanisms. We evaluated the growth-suppressive activity of geranylgeraniol in murine B16 melanoma cells. Geranylgeraniol induced dose-dependent suppression of B16 cell growth ($IC_{50} = 55 \pm 13 \mu\text{mol/L}$) following a 48-h incubation in 96-well plates. Cell cycle arrest at the G1 phase, manifested by a geranylgeraniol-induced increase in the G1/S ratio and decreased expression of cyclin D1 and cyclin-dependent kinase 4, apoptosis detected by Guava NexinTM assay and fluorescence microscopy following acridine orange and ethidium bromide dual staining, and cell differentiation shown by increased alkaline phosphatase activity, contributed to the growth suppression. Murine 3T3-L1 fibroblasts were 10-fold more resistant than B16 cells to geranylgeraniol-mediated growth suppression. Geranylgeraniol at near IC_{50} concentration ($60 \mu\text{mol/L}$) suppressed the mRNA level of 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase by 50%. The impact of geranylgeraniol on B16 cell growth, cell cycle arrest and apoptosis were attenuated by supplemental mevalonate, the product of HMG-CoA reductase that is essential for cell growth. Geranylgeraniol and *d*- δ -tocotrienol, a down-regulator of HMG-CoA reductase, additively suppressed the growth of B16 cells. These results support our hypothesis that mevalonate depletion mediates the tumor-specific growth-suppressive impact of geranylgeraniol. Geranylgeraniol may have potential in cancer chemoprevention and/or therapy.

Keywords: geranylgeraniol, B16 melanoma, HMG-CoA reductase, mevalonate, cell cycle, apoptosis, differentiation

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Introduction

The mevalonate-derived intermediates, farnesyl pyrophosphate and geranylgeranyl pyrophosphate, are covalently attached to the carboxy-terminal cysteine residue of the nuclear lamins¹ and members of the small G proteins.² This post-translational modification is essential to the membrane attachment and biological functions of these proteins that are vital to cell survival and growth.

3-Hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase, the rate-limiting activity in mevalonate synthesis,³ is differentially regulated in sterologenic and tumor tissues.⁴ In sterologenic tissues, HMG-CoA reductase is under a multivalent regulation consisting of sterol-mediated transcriptional feedback regulation and non-sterol-mediated post-transcriptional regulation. Tumor reductase activity, to the contrary, is resistant to the sterol-mediated transcriptional regulation and consequently

elevated. Nevertheless, tumor reductase remains responsive to the isoprenoid-mediated downregulation.

The essential role of mevalonate in growth and the uniquely dysregulated tumor HMG-CoA reductase render the tumor reductase a viable target for intervention. The statins, competitive inhibitors of HMG-CoA reductase,⁵ and the isoprenoids, down-regulators of reductase,⁵ suppress the growth of melanoma cells. Geranylgeraniol (all *trans*-3,7,11,15-tetramethyl-2,6,10,14-hexadecatetraen-1-ol), a diterpene found in linseed oil,⁶ *Cedrela toona* wood oil⁷ and *sucupira branca* fruit oil,⁸ suppresses HMG-CoA reductase activity in human fibroblasts^{9,10} and human A549 lung adenocarcinoma cells.¹¹ Geranylgeraniol also suppresses the proliferation of tumor cells derived from human blood,^{12–15} lung,^{11,16,17} colon,^{13,14} liver,^{14,18} ovary,^{14,19} pancreas^{14,20} and stomach.¹⁴ Nevertheless, the role of mevalonate in geranylgeraniol-mediated growth inhibition has not been delineated.

We hypothesize that mevalonate depletion mediates the growth-suppressive impact of geranylgeraniol in tumors. In the present study we tested this hypothesis in murine B16 melanoma cells. Geranylgeraniol-induced concentration-dependent suppression of the B16 cell growth was accompanied by cell cycle arrest at the G1 phase, initiation of apoptosis and increased alkaline phosphatase (ALP) activity suggesting cell differentiation. Supplemental mevalonolactone attenuated the impact of geranylgeraniol on cell growth, cell cycle arrest and apoptosis. Blends of geranylgeraniol and *d*- δ -tocotrienol, a down-regulator of HMG-CoA reductase activity, synergistically suppressed the growth of B16 cells.

Materials and methods

Chemicals

Lovastatin and *d*- δ -tocotrienol were gifts from Merck Research Laboratories (Rahway, NJ, USA) and American River Nutrition, Inc (Hadley, MA, USA), respectively. Geranylgeraniol was purchased from Sigma-Aldrich (St Louis, MO, USA).

Cell growth assay

Murine B16 melanoma cell growth was measured by using CellTiter 96[®] Aqueous One Solution (Promega, Madison, WI, USA) as previously described.²¹ Briefly, B16 melanoma cells, purchased from the American Type Culture Collection (ATCC, Manassas, VA, USA) and cultured in RPMI 1640 medium (Sigma-Aldrich) supplemented with 10% fetal bovine serum (Hyclone Lab Inc, Logan, UT, USA) and 1% penicillin-streptomycin (MP biomedical, Solon, OH, USA) at 37°C in a humidified atmosphere of 5% CO₂ were seeded at 1000 cells/0.1 mL medium/well in 96-well tissue culture plates (Fisher Scientific Company LLC, Houston, TX, USA). At 24 h, the medium was decanted from each well and replaced with 0.1 mL fresh medium containing geranylgeraniol that was pre-dissolved in ethyl alcohol. All cultures contained 1 mL/L of ethyl alcohol. Cells were further incubated for an additional 48 h. The 72-h cell populations following a quick rinse with 0.1 mL Hank's Balanced Salt Solution were determined by adding 20 μ L of CellTiter 96[®] Aqueous One Solution to each well; plates were held in the dark at 37°C for two hours and then read at 490 nm with a SPECTRAmax[®] 190 multi-plate reader with SOFTmax[®] PRO version 3.0 (Molecular Devices, Sunnyvale, CA, USA). Absorbances from wells containing cell-free medium were used as baselines and were deducted from absorbances of other cell-containing wells. The IC₅₀ value is the concentration of geranylgeraniol required to suppress the net increase in cell number by 50%.

Murine 3T3-L1 embryo fibroblasts (ATCC) were grown in Dulbecco's modified Eagle's medium with 4 mmol/L L-glutamine adjusted by ATCC to contain 1.5 g/L sodium bicarbonate and 4.5 g/L glucose, supplemented with 10% bovine calf serum and 1% penicillin/streptomycin (Invitrogen, Carlsbad, CA, USA). Cultures, seeded in 0.1 mL medium with 2×10^3 cells/well in a 96-well plate,

were incubated for 24 h at 37°C in a humidified atmosphere of 5% CO₂. At 24 h, the medium was decanted from each well and replaced with 0.1 mL fresh medium containing geranylgeraniol. Incubation continued for an additional 48 h. Cell populations of all wells were determined using the CellTiter 96[®] Aqueous One Solution.

Microscopy

Photomicrographs of representative fields of monolayers of B16 cells in the cell growth assay were made with a Nikon Eclipse TS 100 microscope (Nikon Corporation, Tokyo, Japan) equipped with a Nikon Coolpix 995 digital camera (Nikon Corporation).

Cell cycle distribution

B16 cells were seeded in 25-cm² flasks (Becton Dickinson Labware, Franklin Lakes, NJ, USA) at 1×10^6 cells/flask with 5 mL medium/flask and incubated for 24 h. The medium was then decanted and cultures were replenished with medium containing geranylgeraniol that had been dissolved in ethyl alcohol. Following additional 12- and 24-h incubations, adherent cells were harvested by trypsinization and pelleted by low speed centrifugation. Cell pellets were fixed in 1 mL 70% ethanol at -20°C overnight and washed in 1 mL phosphate-buffered saline (PBS). Cells (5×10^5) were re-suspended in 500 μ L PBS containing 0.5 mg RNase A (Sigma-Aldrich) and incubated at 37°C for 30 min. Following gentle mixing, a 100 μ L aliquot of propidium iodide (Sigma-Aldrich; 1 g/L in PBS containing 0.1% Triton X-100) was added. The cells were incubated in the dark at room temperature for 15 min and then held at 4°C in the dark for flow cytometric analysis.²² Aliquots of 1×10^4 cells were analyzed for DNA content using a BD FACSCaliber[™] Flow Cytometer (BD Biosciences, San Jose, CA, USA). The distribution of cells in the G1, S and G2/M phases of the cell cycle was determined using MultiCycle AV software (Phoenix Flow Systems, San Diego, CA, USA).

Annexin V assay for apoptosis

B16 cells were seeded in 25-cm² flasks (Becton Dickinson Labware) at 1×10^6 cells/flask with 5 mL medium/flask and incubated for 24 h. Medium was then decanted and cultures were replenished with medium containing geranylgeraniol. Following additional 12- and 24-h incubations, adherent cells were harvested by trypsinization and pelleted by refrigerated centrifugation at 300g for 10 min. Re-suspended cells in 150 μ L medium containing 2×10^4 cells were mixed with 50 μ L of the Guava Nexin[™] reagent containing Annexin V-PE and Nexin 7-amino-actinomycin D (7-AAD), loaded onto the 96-well plate and incubated at room temperature in the dark for 20 min. Samples containing 5×10^3 cells were analyzed by using a Guava EasyCyte flow cytometer (Guava Technologies, Inc, Hayward, CA, USA) with the Guava ExpressPlus program.^{22,23} Annexin V is a phospholipid-binding protein that has high affinity for phosphatidylserine translocated from the internal surface to the outer surface of

cell membrane at the early stage of apoptosis. 7-AAD selectively permeates late stage apoptotic and dead cells. Therefore cells that are viable (Annexin V⁻ and 7-AAD⁻), early apoptotic (Annexin V⁺ and 7-AAD⁻), late apoptotic (Annexin V⁺ and 7-AAD⁺) and dead cells with nuclear debris (Annexin V⁻ and 7-AAD⁺) can be separated and percentages of these cell populations quantified.

Acridine orange and ethidium bromide dual staining assay for apoptosis

B16 cells were seeded in 25-cm² flasks (Becton Dickinson Labware) at 1.5×10^6 cells/flask with 5 mL medium/flask and incubated for 24 h. Medium was then decanted and cultures were replenished with medium containing geranylgeraniol. Following additional 24-h incubation the monolayer cells were harvested by trypsinization. Cells were re-suspended in 100 μ L cold PBS and a dye mixture (4 μ L) containing 50 μ g/mL acridine orange (Becton, Dickinson and Company, Sparks, MD, USA) and 50 μ g/mL ethidium bromide (Sigma-Aldrich) was added to each sample. The cells were then immediately observed under an Axiovert 200 mol/L microscope (Carl Zeiss MicroImaging Inc, Thornwood, NY, USA) equipped with a FluoArc lamp, an AxioCam MRm digital camera system (Carl Zeiss) and AxioVision Rel. 4.3 program (Carl Zeiss). The phase-contrast images of representative fields of each well and the green and red fluorescence emitted by acridine orange and ethidium bromide staining were captured by using bright field phase 2, fluorescein isothiocyanate (FITC) and tetramethylrhodamine isothiocyanate (TRITC) filters, respectively.²³

ALP activity assay

B16 cells were inoculated in Petri dishes (100 mm $\times$ 20 mm; Corning Life Sciences, Wilkes Barre, PA, USA) at 5×10^6 per dish. Following a 24-h incubation, medium was aspirated and replaced with fresh medium containing 0, 30, 60 and 90 μ mol/L geranylgeraniol and the incubation continued for additional 48 h. Cells were washed with PBS twice and lysed with 0.5 mL of 0.5% Triton X-100 per dish. Cell lysates were collected and shaken at room temperature for 20 min before being centrifuged at 14,000 rpm for five minutes. In a 96-well plate, 150 μ L supernatant was added to 50 μ L of working solution from a QuantiChromTM Alkaline Phosphatase Assay Kit (BioAssay Systems, Hayward, CA, USA) according to the manufacturer's instruction and the absorbance was read at 405 nm with a Tecan Infinite M200 microplate reader (Tecan, Salzburg, Austria). The protein concentration of each sample was determined with a BCATM Protein Assay Kit (Pierce, Rockford, IL, USA) and ALP activity was normalized based on protein concentrations.

Western blot

Murine B16 melanoma cells cultured in 150-cm² flasks (Midwest Scientific, Valley Park, MO, USA) at 5×10^6 per flask were incubated with geranylgeraniol for 12 and 24 h. Following the incubation the growth medium was aspirated

and cells were washed with 10 mL ice cold PBS twice and then 150 μ L of lysis buffer (50 mmol/L Tris-HCl, pH 8.8, 5 mmol/L EDTA, 1% SDS [sodium dodecyl sulfate]) containing freshly mixed 1% protease inhibitor cocktail (Sigma-Aldrich) was added to the flask. Cells were sonicated (Fisher Scientific) for 45 s and placed in a dry bath incubator (Boekel Scientific, Feasterville, PA, USA) at 90°C for 20 min. The protein concentration of each sample was determined with a BCATM Protein Assay Kit (Pierce). Samples containing 60 μ g proteins were mixed with lamelli buffer (Bio-Rad Laboratories, Hercules, CA, USA) at 1:1 ratio (v/v) and boiled for five minutes before being loaded onto a Mini PROTEAN[®] 3 (Bio-Rad) electrophoresis unit with a 15% SDS-polyacrylamide gel and run at 150 V for 2–4 h. The proteins were then transferred on to Immobilon-P transfer membrane (Millipore, Bedford, MA, USA) with a Mini Trans-Blot[®] Cell (Bio-Rad) at 100 mA overnight. The immobilon-P transfer membranes were then incubated in blocking solution (5% non-fat dry milk in PBS) for two hours at room temperature with shaking, rinsed with PBS and then incubated with monoclonal antibodies to cyclin D1 and cyclin-dependent kinase (Cdk) 4 (Cell Signaling Technology, Beverly, MA, USA) at 4°C overnight. After rinsing with PBS containing 0.1% Tween-20 (PBST) for 10 min, the membrane was incubated with a secondary antibody (horseradish peroxidase linked; Cell Signaling Technology; 1:3000 in PBST) for 45 min at room temperature, washed with PBST for 15 min and reacted with a SuperSignal West Pico Chemiluminescence Kit (Pierce) before being photographed at a Chemi Doc XRS imaging system (Bio-Rad). Precision Strep Tactin-HRP (Bio-Rad) protein standards were used to identify the molecular weight of protein bands. A non-specific IgG (Cell Signaling Technology) was used for background control.

Quantitative realtime polymerase chain reaction

Murine B16 melanoma cells cultured in Petri dishes (100 mm $\times$ 20 mm, Corning Life Sciences) at 5×10^6 cells per dish were incubated with geranylgeraniol for 24 h. Total cellular RNA was extracted using TRIzol reagent (Invitrogen) according to the manufacturer's protocols. The concentration and purity of the isolated total RNA were determined spectrophotometrically using optical density 260:280 ratio. The integrity of the purified total RNA was verified by detecting a 2:1 ratio for the 28S:18S ribosomal RNA (rRNA) using agarose gel electrophoresis. Samples were run on a 1.5% agarose gel (Tris-acetate [TAE] buffer) at 80 V for 90 min. Gels were soaked in 0.5 μ g/mL ethidium bromide for one hour with shaking and then visualized by Chemi Doc XRS imaging system (Bio-Rad). The mRNA expression levels of HMG-CoA reductase gene (GenBank accession number NM_008255) were analyzed by reverse transcription followed by quantitative realtime polymerase chain reaction (qPCR). Total RNA (2 μ g) in a 20 μ L reaction buffer was reverse transcribed into cDNA using an Oligo (dT)₂₀ primer and SuperScript[®] III First-Strand kit (Invitrogen) following the manufacturer's instructions. cDNA was diluted by 25-fold with 25 μ g/mL of acetylated bovine serum albumin

(Invitrogen) and 6 μL of diluted cDNA was amplified in a 25 μL PCR solution containing 250 nmol/L of both forward and reverse primers of the HMG-CoA reductase gene and iQTM SYBR[®] Green Supermix (Bio-Rad). The following primer sequences were designed using Vector NTI Advance version 11 software (Invitrogen): forward, GCTTGGGCCAGAGAAGACAGTGCTC; Reverse, ACTCTGCTGACCCCTGAGGAAGCT. The cDNA was denatured at 95°C for three minutes followed by 40 cycles of PCR (94°C for 30 s, 60°C for 25 s, 72°C for 25 s and 78°C for 9 s) using DNA Engine Opticon[®] 2 System (Bio-Rad) with the Opticon Monitor program (version 3). The mRNA levels were normalized using ribosomal protein L22 (RPL22) as internal control²⁴ and quantified by using the δCt method. Fold changes of gene expression were calculated by the $2^{-\delta\delta\text{Ct}}$ method.

Statistics

One- or two-way analysis of variance (ANOVA) was performed to assess the differences between groups using Prism[®] 4.0 software (GraphPad Software Inc, San Diego, CA, USA). Differences in means were analyzed by Dunnett's multiple comparison test unless specified otherwise. Levels of significance were designated as $P < 0.05$.

Results

Figure 1a shows the geranylgeraniol-mediated suppression of the growth of murine B16 melanoma cells and 3T3-L1

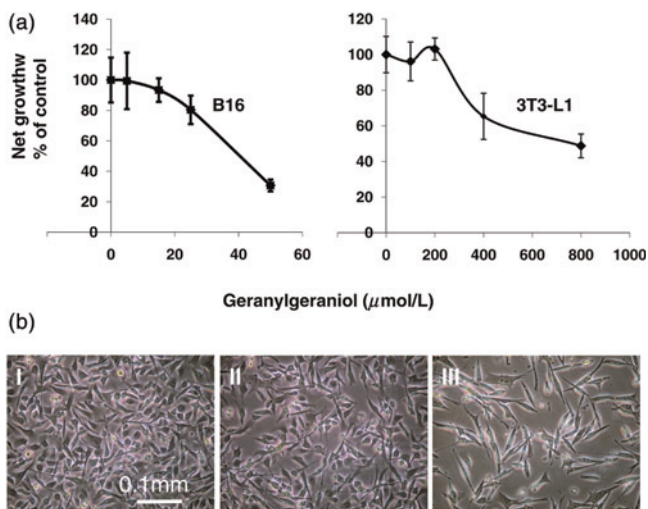


Figure 1 The differential impacts of geranylgeraniol on the growth of murine B16 melanoma cells and murine 3T3-L1 embryo fibroblasts. (a) Representative growth curves showing the concentration-dependent impact of geranylgeraniol on the growth of murine B16 melanoma cells (■) and the impact of geranylgeraniol on 3T3-L1 embryo fibroblasts (◆). Cells were cultured and incubated with geranylgeraniol for 48 h before cell growth was measured by CellTiter 96[®] Aqueous One Solution. Values are mean $\pm$ SD, $n = 4$. (b) The concentration-dependent inhibition of murine B16 melanoma cell growth shown in photomicrographs of B16 cells following a 24-h incubation with 0 (I), 30 (II) and 60 (III) $\mu\text{mol/L}$ geranylgeraniol. The contact inhibition-disabled growth of the B16 cells is shown in the Control culture (I). Concentration-dependent cell elongation and decrease in cell density occur progressively as the concentration of geranylgeraniol is increased (II and III) (A color version of this figure is available in the online journal)

fibroblasts. The IC_{50} values, concentrations of geranylgeraniol required to suppress cell growth by 50%, for B16 cells ($55 \pm 13 \mu\text{mol/L}$, $n = 6$) was lower than one-tenth of that for 3T3-L1 cells ($>640 \mu\text{mol/L}$, $n = 3$), indicating the higher sensitivities of the tumorigenic B16 cells to geranylgeraniol-mediated growth suppression. The photomicrographs shown in Figure 1b reveal the impact of geranylgeraniol on the B16 cells following a 24-h incubation. The untreated cells (I) exhibited the characteristic contact inhibition-disabled growth of B16 cells. Increasing the concentration of geranylgeraniol from 0 to 30 (II) and 60 (III) $\mu\text{mol/L}$ yielded dose-dependent decreases in cell density and marked cell elongation.

Since geranylgeraniol-mediated growth suppression may stem from the down-regulation of HMG-CoA reductase, we then evaluated the impact of supplemental mevalonate, the product of HMG-CoA reductase activity, on geranylgeraniol-induced growth suppression (Figure 2). While geranylgeraniol (30–90 $\mu\text{mol/L}$) induced concentration-dependent growth suppression, supplemental mevalonate (500 $\mu\text{mol/L}$) significantly attenuated the effect of geranylgeraniol at all concentrations evaluated.

The effect of geranylgeraniol on HMG-CoA reductase was further demonstrated by realtime qPCR. Following a 24-h incubation with 60 $\mu\text{mol/L}$ geranylgeraniol, B16 cells had a significantly lower level of HMG-CoA mRNA (Mann-Whitney *post hoc* analysis, $n = 4$, $P < 0.05$) with a medium value of 50% of that of control.

HMG-CoA reductase down-regulators have been shown to induce cell cycle arrest at the G1 phase.⁵ We then evaluated the impact of geranylgeraniol on the cell cycle distribution of the B16 cells (Figure 3). The percentages of cells at the G1, S and G2 phases prior to incubation with

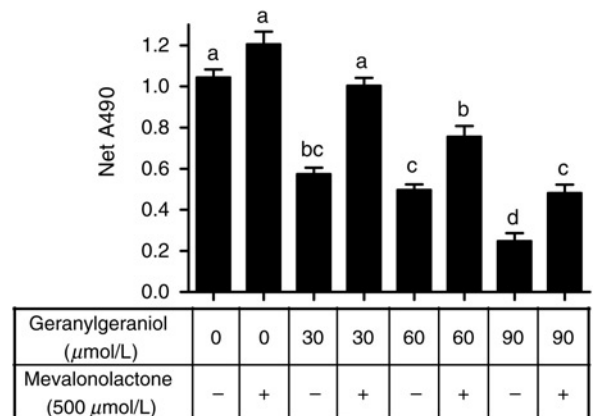


Figure 2 Mevalonolactone (500 $\mu\text{mol/L}$) attenuates the geranylgeraniol-mediated growth suppression in murine B16 melanoma cells following a 48-h incubation with 0, 30, 60 and 90 $\mu\text{mol/L}$ of geranylgeraniol. Values for net growth measured by net absorbance at 490 nm are mean $\pm$ SD, $n = 6$. There were significant effects of geranylgeraniol concentration ($P < 0.001$), mevalonolactone supplementation ($P < 0.001$) and their interaction ($P < 0.05$) based on two-way analysis of variance. All geranylgeraniol groups without mevalonolactone were significantly different from their mevalonolactone-free control (Tukey's, $P < 0.05$). With mevalonolactone supplementation, groups with 60 and 90 $\mu\text{mol/L}$ geranylgeraniol were different from their control (Tukey's, $P < 0.05$). Groups with blends of geranylgeraniol and mevalonolactone were different from their respective mevalonolactone-free groups (Tukey's, $P < 0.05$)

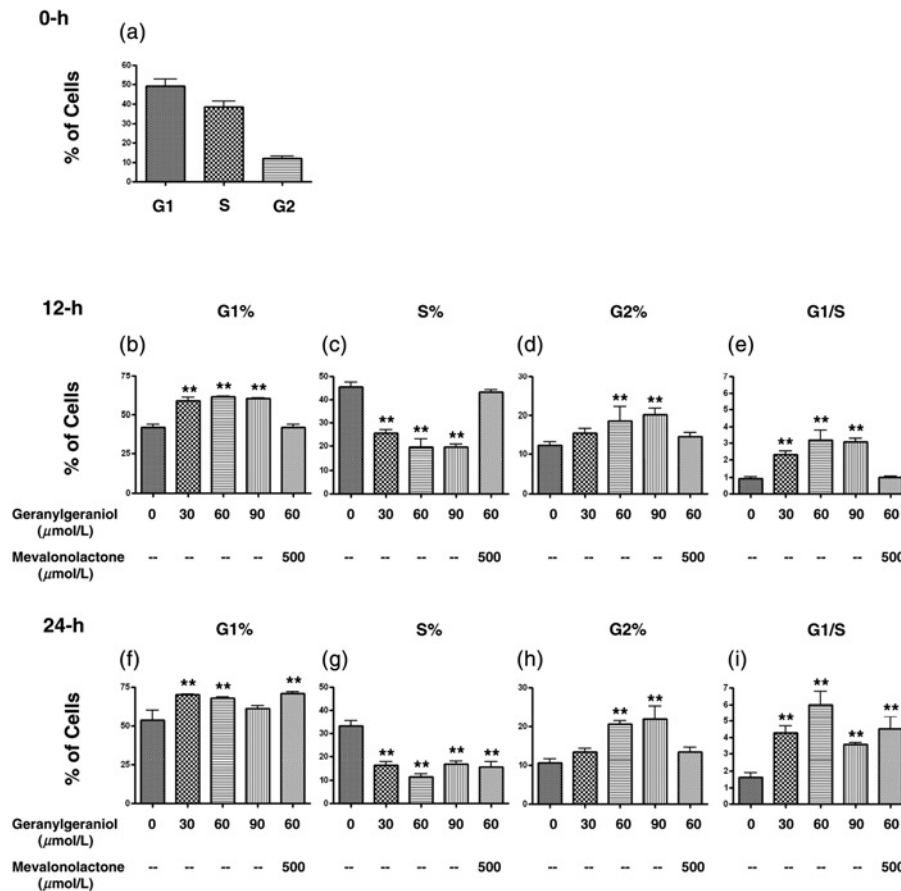


Figure 3 Impact of geranylgeraniol on the cell cycle distribution of murine B16 melanoma cells. The percentages of murine B16 melanoma cells in the G1 (b and f), S (c and g) and G2 (d and h) phases of the cell cycle and the G1/S ratio (e and i) of B16 cells following 0- (a), 12- (b-e) and 24- (f-i) h incubations with 0, 30, 60 and 90 $\mu\text{mol/L}$ geranylgeraniol blended with 0 and 500 $\mu\text{mol/L}$ mevalonolactone are shown. Values are mean $\pm$ SD, $n = 3$. Differences between treated and control (0 $\mu\text{mol/L}$) groups were analyzed by one-way analysis of variance with Dunnett's post-test (* $P < 0.05$; ** $P < 0.01$)

geranylgeraniol were shown in Figure 3a. Following a 12-h incubation with geranylgeraniol, the percentage of cells at the G1 phase increased from $42.2 \pm 1.7\%$ (control) to $59.1 \pm 2.1\%$ (30 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$), $61.7 \pm 0.3\%$ (60 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$) and $60.3 \pm 0.4\%$ (90 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$), respectively. Co-incubation with 500 $\mu\text{mol/L}$ mevalonolactone and 60 $\mu\text{mol/L}$ geranylgeraniol reduced the percentage of cells at the G1 phase ($42.2 \pm 1.9\%$) to the control level (Figure 3b). Conversely, the percentage of cells at the S phase decreased from $45.6 \pm 2.0\%$ (control) to $25.5 \pm 1.6\%$ (30 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$), $19.6 \pm 3.3\%$ (60 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$) and $19.6 \pm 1.3\%$ (90 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$), respectively. Co-incubation with 500 $\mu\text{mol/L}$ mevalonolactone and 60 $\mu\text{mol/L}$ geranylgeraniol increased the percentage of cells at the S phase ($43.3 \pm 0.9\%$, $P > 0.05$) to the control level (Figure 3c). The G1/S ratio, an indicator of cell cycle arrest at the G1 phase, followed the pattern of the G1 phase; that is, the ratio increased from 0.9 ± 0.1 (control) to 2.3 ± 0.2 (30 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$), 3.2 ± 0.6 (60 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$) and 3.1 ± 0.2 (90 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$), respectively. Co-incubation with 500 $\mu\text{mol/L}$ mevalonolactone and 60 $\mu\text{mol/L}$ geranylgeraniol reduced the G1/S ratio ($1.0 \pm$

0.1 , $P > 0.05$) to the control level (Figure 3e). The percentage of cells at the G2 phase also increased from $12.4 \pm 0.9\%$ (control) to $15.4 \pm 1.2\%$ (30 $\mu\text{mol/L}$ geranylgeraniol, $P > 0.05$), $18.7 \pm 3.5\%$ (60 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$) and $20.1 \pm 1.7\%$ (90 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$), respectively. Co-incubation with 500 $\mu\text{mol/L}$ mevalonolactone and 60 $\mu\text{mol/L}$ geranylgeraniol decreased the percentage of cells at the G2 phase ($14.5 \pm 1.0\%$, $P > 0.05$) to the control level (Figure 3d).

Following a 24-h incubation with geranylgeraniol, the percentage of cells at the G1 phase increased from $53.5 \pm 6.5\%$ (control) to $70.1 \pm 0.5\%$ (30 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$) and $67.9 \pm 0.7\%$ (60 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$), respectively (Figure 3f). Conversely, the percentage of cells at the S phase decreased from $33.3 \pm 2.4\%$ (control) to $16.5 \pm 1.5\%$ (30 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$) and $11.4 \pm 1.4\%$ (60 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$), respectively (Figure 3g). The G1/S ratio followed the pattern of the G1 phase; that is, the ratio increased from 1.6 ± 0.3 (control) to 4.3 ± 0.4 (30 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$) and 6.0 ± 0.8 (60 $\mu\text{mol/L}$ geranylgeraniol, $P < 0.01$), respectively (Figure 3i). Although supplemental mevalonolactone did not significantly change the percentage of cells either in the G1 or in the S phase, co-incubation with 500 $\mu\text{mol/L}$ mevalonolactone and 60 $\mu\text{mol/L}$

geranylgeraniol reduced the G1/S ratio to 4.5 ± 0.7 , a value significantly different ($P < 0.05$) from that for $60 \mu\text{mol/L}$ geranylgeraniol alone. The percentage of cells at the G2 phase also increased from $10.7 \pm 0.9\%$ (control) to $13.3 \pm 1.0\%$ ($30 \mu\text{mol/L}$ geranylgeraniol, $P > 0.05$) and $20.6 \pm 0.9\%$ ($60 \mu\text{mol/L}$ geranylgeraniol, $P < 0.01$), respectively. Co-incubation with $500 \mu\text{mol/L}$ mevalonolactone and $60 \mu\text{mol/L}$ geranylgeraniol decreased the percentage of cells at the G2 phase ($13.3 \pm 1.2\%$, $P > 0.05$) to near the control level (Figure 3h).

The G1 arrest induced by geranylgeraniol was accompanied by a concentration-dependent suppression of the expression of cyclin D1 and Cdk4 (Figure 4), key regulators in the G1/S cell cycle progression.²⁵ Cells incubated with $90 \mu\text{mol/L}$ of geranylgeraniol for 12 h had significantly lower expression of cyclin D1 and Cdk4 ($P < 0.01$) than the control. At 24 h, geranylgeraniol and lovastatin induced concentration-dependent decreases in the expression of cyclin D1.

HMG-CoA reductase suppressors also induce tumor cell apoptosis,⁵ an effect we examined next in B16 cells using the Guava Nexin™ assay with flow cytometry. The percentage of viable, early apoptotic and late apoptotic and necrotic cells in 12- (Figure 5a2–4) and 24-h (Figure 5a5–7) untreated groups were not different ($P > 0.05$) from the 0-h values prior to incubation with geranylgeraniol (Figure 5a1). Following a 12-h incubation with $90 \mu\text{mol/L}$ geranylgeraniol the percentage of viable cells (Figure 5a2) decreased significantly ($P < 0.05$) whereas that of early apoptotic cells (Figure 5a3) increased ($P < 0.05$). A greater impact of geranylgeraniol was observed when the incubation was extended to 24 h (Figure 5a5–7). The

percentages of viable cells (Figure 5a5) following 24-h incubation with 60 and $90 \mu\text{mol/L}$ geranylgeraniol decreased significantly ($P < 0.01$) whereas those of late apoptotic and necrotic cells (Figure 5a7) increased ($P < 0.01$). Worth noting is that supplemental mevalonate ($500 \mu\text{mol/L}$) attenuated the impact of 24-h incubation with $60 \mu\text{mol/L}$ geranylgeraniol by increasing the percentage of viable cells to the control level. Concurrently, the percentage of late apoptotic and necrotic cells also dropped to the control level when $60 \mu\text{mol/L}$ geranylgeraniol was blended with mevalonate (Figure 5a7). The high level of late apoptotic cells following the 24-h incubation with $90 \mu\text{mol/L}$ geranylgeraniol may have contributed to the lack of increase in the percentage of cells in the G1 phase (Figure 3f).

Photomicrographs of B16 cells (Figure 5b) obtained by acridine orange and ethidium bromide dual staining also confirmed geranylgeraniol-induced apoptosis. Viable cells have acridine orange staining with normal cell morphology. Acridine orange and ethidium bromide stained cells with condensed nucleus are in early and late apoptosis stages, respectively.^{23,26} The number and percentage of ethidium bromide stained B16 cells following 24-h incubation with $75 \mu\text{mol/L}$, or a mid-range value between 60 and $90 \mu\text{mol/L}$, of geranylgeraniol (Figure 5b7) were higher than the control (Figure 5b3). Geranylgeraniol-treated cells showed nuclear condensation and membrane blebbing (Figures 5b6 and 7), morphological characteristics of apoptosis.

We then examined the impact of geranylgeraniol on ALP activity, a biomarker upregulated during differentiation.²⁷ Geranylgeraniol induced ALP activity in B16 cells (Figure 6). The ALP activities for B16 cells incubated with 0, 30, 60 and $90 \mu\text{mol/L}$ geranylgeraniol for 48 h were 0.29 ± 0.02 (IU/L), 0.57 ± 0.00 ($P < 0.01$), 0.55 ± 0.01 ($P < 0.05$) and 0.77 ± 0.14 ($P < 0.001$), with all geranylgeraniol-treated groups significantly different from the control.

Previously studies have shown that mevalonate suppressors have potentially synergistic impact on cell growth.^{28,29} Next, we evaluated the potential synergy attained with blends of geranylgeraniol and *d*- δ -tocotrienol, a vitamin E isomer with HMG-CoA reductase^{30,31} and tumor³² suppressive activities, in suppressing the growth of B16 cells. Geranylgeraniol at $15 \mu\text{mol/L}$ and *d*- δ -tocotrienol at $10 \mu\text{mol/L}$ suppressed the growth of B16 cells by 11% and 24%, respectively; a blend of the agents suppressed cell growth by 39% (Table 1), approximating the sum of individual impacts and indicating an additive effect. The cumulative effect was also shown with the blend containing $15 \mu\text{mol/L}$ geranylgeraniol and $20 \mu\text{mol/L}$ *d*- δ -tocotrienol.

Discussion

Diverse cell lines have a wide range of sensitivity to geranylgeraniol-mediated growth suppression, with IC_{50} values ranging from $10 \mu\text{mol/L}$ for human HuH-7 hepatoma cells¹⁸ to $400 \mu\text{mol/L}$ for human H460 lung adenocarcinoma cells;¹⁶ those for other tumor cells originated from pancreas,^{14,20} stomach, colon, liver, blood and ovary¹⁴ fall somewhere in between. The IC_{50} value for geranylgeraniol

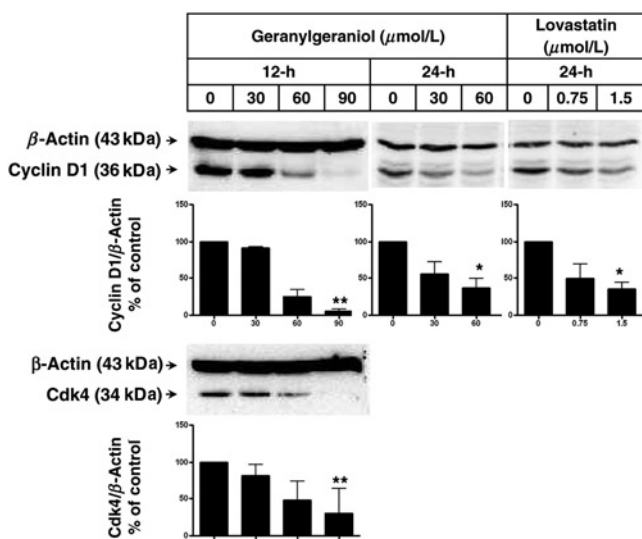


Figure 4 Impact of geranylgeraniol and lovastatin on the expression of cyclin-dependent kinase (Cdk) 4 and cyclin D1 in murine B16 melanoma cells following 12- and 24-h incubations shown in representative blots. Cell lysates were subjected to Western blot procedures and blots were detected by chemiluminescence and quantitated. The values for the ratios of Cdk4/ β -actin and cyclin D1/ β -actin shown in the bar graphs are median $\pm$ range, $n \geq 3$. Values with * and ** are significantly different from that of control with $P < 0.05$ and $P < 0.01$, respectively, based on Kruskal-Wallis test followed by Dunn's multiple comparison test

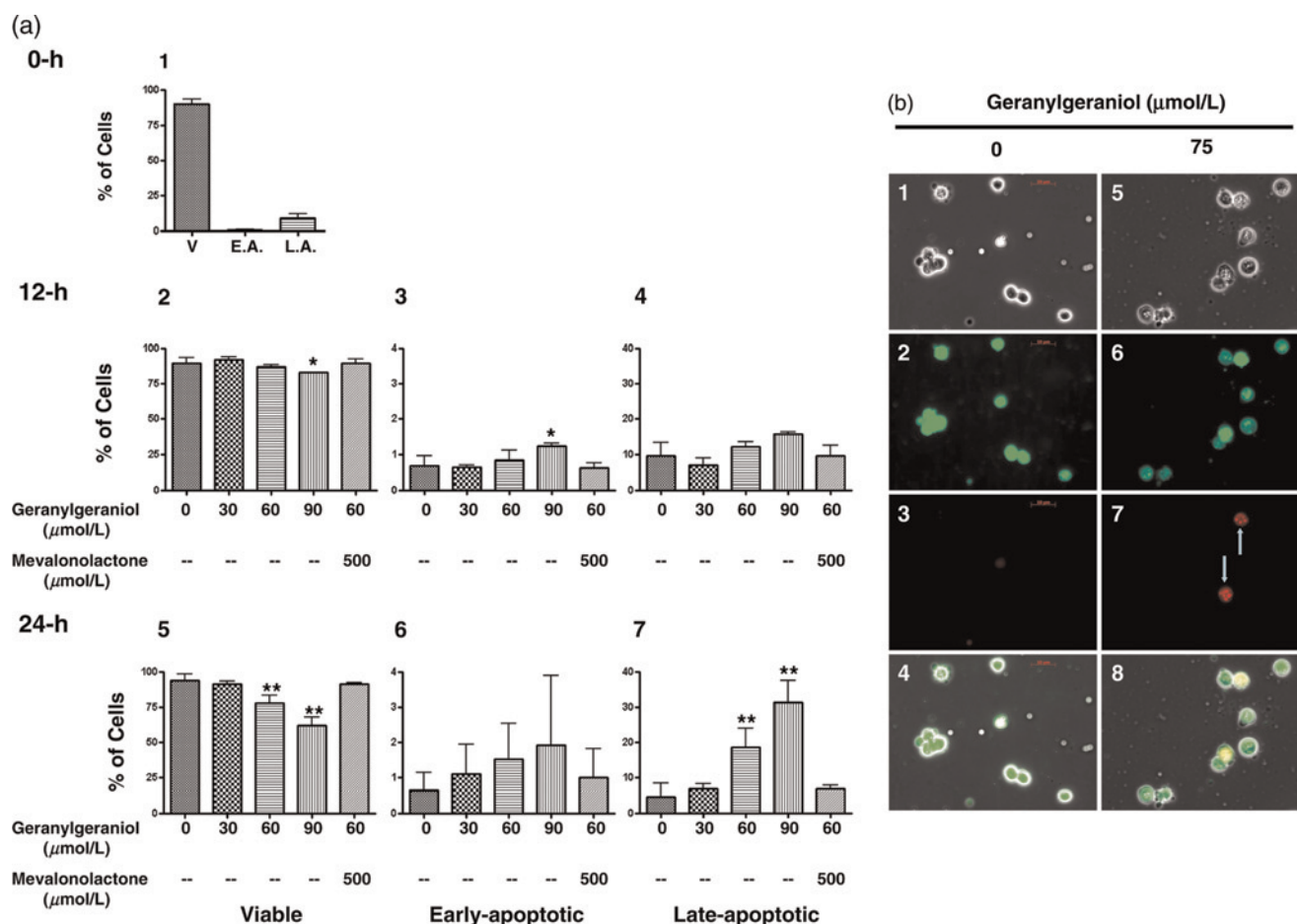


Figure 5 Impact of geranylgeraniol on the initiation of apoptosis in murine B16 melanoma cells. (a) The percentages of viable (V), early-apoptotic (EA) and late-apoptotic and necrotic (LA) B16 cells following 0- (1), 12- (2-4) and 24- (5-7) h incubations with geranylgeraniol as measured by the Guava Nexin™ assay. The percentages of V, EA and LA cells prior to geranylgeraniol incubation are shown in (1). Following a 12-h incubation with 90 μmol/L geranylgeraniol, the percentage of viable cells (2) decreased; concomitantly, the percentage of early apoptotic cells (3) increased. A 24-h incubation with 60 and 90 μmol/L geranylgeraniol led to decreased percentage of viable cells (5) and increased percentage of late apoptotic cells (7). Supplemental mevalonolactone significantly attenuated the impact of 24-h geranylgeraniol incubation on the percentages of viable (5) and late apoptotic and necrotic (7) cells. Values are mean ± SD, $n = 3$. Differences between treated and control (0 μmol/L) groups were analyzed by one-way ANOVA with Dunnett's post-test (* $P < 0.05$; ** $P < 0.01$). (b) Photomicrographs of murine B16 melanoma cells showing the geranylgeraniol-initiated apoptosis detected by acridine orange and ethidium bromide dual staining. B16 cells were incubated with 0 (1-4) and 75 (5-8) μmol/L geranylgeraniol for 24 h. Photomicrographs of the same fields were taken under phase-contrast microscope (1 and 5) and fluorescence microscope with a FITC (2 and 6) or TRITC (3 and 7) filter and then merged (4 and 8). Arrows mark the red fluorescence emission from ethidium bromide staining shown in late apoptotic and necrotic cells induced by geranylgeraniol.

in B16 cells evaluated herein lies in the mid-range of the reported IC_{50} values. The underlying mechanisms for such a wide range of sensitivities remain unknown, though they may be related to culture conditions including cell density and length of treatment and potentially the differential extent of dysregulation of the mevalonate pathway in various cell lines. The cell growth assay employed in this study does not differentiate cytostatic and cytotoxic effects that could both lead to decreased cell numbers. The morphological changes induced by geranylgeraniol are reminiscent of those effected by other mevalonate suppressors including lovastatin and tocotrienols.²⁸

The geranylgeraniol-induced concentration-dependent impact on cell cycle distribution of B16 cells is consistent with the G1 arrest mediated by geranylgeraniol in A549 cells.¹⁷ Lovastatin^{33,34} and other isoprenoid mevalonate suppressors including the monoterpenes perillyl alcohol and geraniol,³⁵ sesquiterpenes *trans*, *trans*-farnesol³⁵ and β -ionone,^{5,36} and tocotrienols⁵ have been shown to induce

G1 arrest in tumor cells. Mevalonate attenuated the lovastatin-mediated G1 arrest in human T24 bladder carcinoma cells³⁷ and MCF-7 breast cancer cells.³⁸ The geranylgeraniol-mediated down-regulation of cyclin D1 and Cdk4, two regulators of the G1 to S transition, is consistent with the upregulation of p21 and p27, two suppressors of cyclin D1 and Cdk4,³⁹ and down-regulation of cyclin D1 and Cdk4 induced by other mevalonate suppressors including lovastatin,⁴⁰ perillyl alcohol,³⁵ geraniol,^{35,41} farnesol,³⁵ β -ionone⁴¹ and lycopene.⁴² Mevalonate attenuated the lovastatin-mediated upregulation of p21 and p27 in MDA-MB-157 tumor cells.⁴⁰

Geranylgeraniol-induced B16 cell apoptosis is consistent with previous reports in A549 lung adenocarcinoma cells,^{11,17} HL-60,^{12,13,43} K562,^{12,13} ML1, M1, P388⁴³ and U937^{15,43} leukemia cells, COLO320 DM colon adenocarcinoma cells,¹³ HuH-7 hepatoma cells,¹⁸ and TYK-nu ovarian cancer cells.¹⁹ Geranylgeraniol also activates caspase-3^{15,18,44} and PARP cleavage.⁴⁴ The concentration of geranylgeraniol

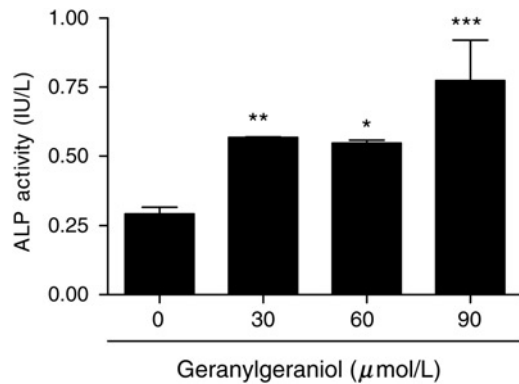


Figure 6 Impact of geranylgeraniol on alkaline phosphatase (ALP) activity in murine B16 melanoma cells. Following a 48-h incubation with 0, 30, 60 and 90 $\mu\text{mol/L}$ geranylgeraniol, B16 cells were lysed and ALP activity in the supernatant was analyzed using a QuantiChrom™ Alkaline Phosphatase Assay Kit as described in Materials and Methods. Values are mean $\pm$ SD, $n = 3$. Values with *, ** and *** are significantly different from that of control with $P < 0.05$, $P < 0.01$ and $P < 0.001$, respectively, as determined by one-way analysis of variance with Tukey's multiple comparison test

required to induce apoptosis in these studies^{12,13,15,17} falls in the 30–90 $\mu\text{mol/L}$ range employed in the present study for the induction of apoptosis in B16 cells (Figure 5).

Geranylgeraniol-induced ALP activity, an indicator of B16 cell differentiation, is reminiscent of the geranylgeranylacetone-induced differentiation of human U937, ML1 and HL-60 myeloid leukemia cells.⁴⁵ Consequently, menaquinone 4^{46,47} with a geranylgeraniol moiety, rather than phyloquinone⁴⁶ with a phytol side chain, is able to induce differentiation.

Parallel to the impact of geranylgeraniol, mevalonate suppressors⁴⁸ including the monoterpenes,⁴⁹ sodium phenylacetate, sodium phenylbutyrate,⁵⁰ lovastatin^{51,52} and genistein⁵³ induce tumor cell differentiation.

Mevalonate suppressors have been shown to induce cell cycle arrest, apoptosis and differentiation, consequent to the impaired post-translational modification of Ras,²⁶ insulin-like growth factor 1 receptor⁴⁸ and nuclear lamins.⁵ These events may have collectively contributed to the geranylgeraniol-induced growth suppression. Supplemental mevalonolactone attenuated growth suppression, cell cycle arrest and

apoptosis, further supporting our hypothesis that the suppression of HMG-CoA reductase activity, at least in part, mediates the impact of geranylgeraniol in B16 cells. Previous studies have shown that geranylgeraniol suppresses reductase activity in fibroblasts,^{9,10} human A549 lung adenocarcinoma cells¹¹ and human MCF-7 breast adenocarcinoma cells;⁵⁴ mevalonate attenuated the geranylgeraniol impact in MCF-7 cells.⁵⁴ The IC_{50} value (55 $\mu\text{mol/L}$) of geranylgeraniol in suppressing the growth of B16 cells equals to that required to suppress HMG-CoA reductase by 50% in A549 cells¹¹ and MCF-7 cells⁵⁴ and in the current study, that required to suppress the mRNA level for HMG-CoA reductase by 50%. Consequent to HMG-CoA reductase down-regulation, gavage feeding of geranylgeraniol reduced plasma cholesterol level in Wistar rats and, more prominently, reduced tumor incidence and the size of preneoplastic lesions in chemically initiated hepatocarcinogenesis.⁵⁵

Previous studies have used mevalonate at concentrations ranging from 500 $\mu\text{mol/L}$ ⁵⁴ to 4 mmol/L⁴⁰ to show its ability to reverse the effects of mevalonate suppressors including geranylgeraniol and lovastatin. Though at the lower end of that range, the 500 $\mu\text{mol/L}$ mevalonolactone used herein far exceeds physiologically attainable levels. It is conceivable that secondary effects of the pharmaceutical level of mevalonate beyond the repletion of cellular mevalonate pool may have interfered with the impact of geranylgeraniol. *In vivo* studies may provide more direct evidence linking the reductase- and tumor-suppressive activities of geranylgeraniol. Nevertheless, the present study may have identified mevalonate depletion as a unifying mechanism for geranylgeraniol-mediated tumor suppression.

The concentration of geranylgeraniol, 100 $\mu\text{mol/L}$, employed to suppress reductase in fibroblasts⁹ is twice as high as that in the A549 cells,¹¹ MCF-7 cells⁵⁴ and the B16 cells herein. In the present study, murine 3T3-L1 cells were more than 10-fold resistant than B16 cells to geranylgeraniol-mediated growth suppression, suggesting a tumor-targeting action of geranylgeraniol. Geranylgeraniol may be added to the growing list of isoprenoids with specific impact on the uniquely dysregulated HMG-CoA reductase in tumors.⁴⁸ It remains unknown whether the reductase is dysregulated in B16 melanoma cells.

Blends of mevalonate suppressors synergistically suppress tumor growth.^{28,29,48} The additive effect of geranylgeraniol and *d*- δ -tocotrienol in suppressing B16 cell growth could reflect their dual impact on HMG-CoA reductase. *In vivo* and further mechanistic studies may reveal whether geranylgeraniol and a broad class of mevalonate-derived secondary products, the pure and mixed isoprenoids with reductase-suppressive activities, have potential in cancer chemoprevention and/or therapy when applied individually and in blends.

Author contributions: All authors participated in the design, interpretation of the studies and analysis of the data and review of the manuscript. RK, NVE, ME, DD, NM and DLH conducted the experiments. HM, CK and DLH contributed to the conceptualization of the studies. HM wrote the manuscript.

Table 1 Cumulative impact of geranylgeraniol and *d*- δ -tocotrienol on the proliferation of murine B16 melanoma cells

	Growth	Suppression % of control
Control	100 $\pm$ 6 ^a	
Geranylgeraniol (15 $\mu\text{mol/L}$)	89 $\pm$ 4 ^{ab}	11
<i>d</i> - δ -Tocotrienol (10 $\mu\text{mol/L}$)	76 $\pm$ 13 ^{bc}	24
<i>d</i> - δ -Tocotrienol (20 $\mu\text{mol/L}$)	44 $\pm$ 10 ^{de}	56
Geranylgeraniol (15 $\mu\text{mol/L}$) + <i>d</i> - δ -Tocotrienol (10 $\mu\text{mol/L}$)	61 $\pm$ 4 ^{cd}	39 (35) [†]
Geranylgeraniol (15 $\mu\text{mol/L}$) + <i>d</i> - δ -Tocotrienol (20 $\mu\text{mol/L}$)	29 $\pm$ 4 ^e	71 (67)

^aValues are mean $\pm$ SD, $n = 3$. Means that are not denoted with a common letter are different ($P < 0.05$) based on one-way analysis of variance with Tukey's multiple comparison test

[†]Numbers in the parentheses indicate expected percentage of growth suppression based on the sum of individual suppressions

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