

the ethnic group of the subjects being reported on.

Summary. Serum protein analyses of 3 ethnic groups (American Indian, Negro and Caucasian) revealed the following differences: 1. Indian and Negro subjects have a lower percentage of albumin and a higher percentage of beta and gamma globulins than do Caucasians. 2. Indian subjects have a higher percentage of alpha 1 globulin and a lower percentage of alpha 2 globulin than do Caucasians and Negroes.

We are grateful to James A. Hagans, M.D., Biostatistical Unit, Univ. of Oklahoma School of Med., for assistance with the statistical analysis of the data.

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Received July 23, 1962. P.S.E.B.M., 1962, v111.

Utilization of Vitamin B₁₂ by Rats With Pantothenic Acid Deficiency. (27774)

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The interrelationship between the metabolic roles of Vit. B₁₂ and pantothenic acid has been recognized. Livers of chicks deficient in Vit. B₁₂(1) have high pantothenic acid contents. Vit. B₁₂(2) can spare the amount of pantothenic acid needed to restore the growth rate of chicks with pantothenic acid deficiency and vice versa. The same investigators found higher Vit. B₁₂ contents in the liver of pantothenic acid deficient chicks and postulated that the lower Vit. B₁₂ levels in pantothenic acid treated chicks are the result of rapid exhaustion of Vit. B₁₂ from the stores due to growth requirements. In

our laboratory, however, it was found that the newborn and young growing rats actually have lower liver Vit. B₁₂ stores than the adult. It appears that growth with its accompanying requirement for Vit. B₁₂ cannot account for such a difference in liver Vit. B₁₂ levels. Therefore, some other mechanism in metabolism or utilization of this vitamin in pantothenic acid deficient rats must be explored. A study, therefore, was undertaken to investigate in rats the effect of Vit. B₁₂ on pantothenic acid deficiency, and Vit. B₁₂ levels in liver and plasma as well as the pattern of absorption and excretion of Vit. B₁₂ in pantothenic acid deficient rats. The results of such a study are now presented.

Methods. Preparation of pantothenic acid deficient rats: Pregnant rats were removed

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TABLE I. Composition of Pantothenic Acid Deficient Diet.

Ingredients	%
Alcohol extracted casein*	24.0
Sucrose	64.0
Salt mixture IV†	4.0
Crisco‡	8.0
To each kg of ration the following vitamins were added:	
Thiamine	2.0 mg
Pyridoxine HCl	2.0 "
Riboflavin	5.0 "
Para-aminobenzoic acid	5.0 "
Nicotinic acid	10.0 "
Inositol	200.0 "
Choline chloride	500.0 "
Vitamin A (from pereo-morph oil, Mead Johnson)	12,510 I.U.
Vitamin D (from pereo-morph oil, Mead Johnson)	1,772 "
Vitamin K (menadione)	2.1 mg
Vitamin E (alpha tocopherol)	23.0 "

Fat-soluble vitamins were dissolved in Mazola oil in quantities to yield the above amounts in 2 cc of solution. Water-soluble vitamins were dissolved in 50% ethanol in amounts to yield the desired dosage in 20 cc solution.

* Vitamin test casein, General Biochemicals, Inc.

† Hegsted, Mills, Elvehjem, Hart, *J. Biol. Chem.*, 1941, v138, 459.

‡ Hydrogenated cottonseed oil, Swift and Co.

from the breeding stock cages and put into individual cages 3 or 4 days before casting. They continued on the stock diet until delivery. Several hours afterwards the mothers were fed the pantothenic acid deficient diet (Table I). To prevent the young from falling through, the meshed screened bottoms were removed from the cages. The mothers were provided with bedding material (wood shavings) until the young were 5-6 days old. At this time the screen bottoms were returned.

To reduce the mortality of mothers and young, it was necessary to add 2 mg of calcium pantothenate to each 100 g of the mother's ration. When the young were 28 days old, they were separated from their mothers. The weanlings were kept on the deficient diet and weighed weekly. At the end of approximately 4 additional weeks, their weights remained stationary and the animals were ready for testing.

To produce *adult* rats with pantothenic acid deficiency, they were fed pantothenic acid deficient diets for 7-14 weeks until the gross de-

ficiency manifested itself. The control animals were fed the same diet and received Ca pantothenate by subcutaneous injection (100 μ g three times/week). Determination of Vit. B₁₂ activity in liver and plasma: Test animals were sacrificed by cardiac bleeding under ether anesthesia. Plasma was obtained from the heparinized blood by centrifugation for Vit. B₁₂ determination. The liver was removed immediately and approximately 1 g of it was dissected from the left lobe, weighed and homogenized with cold distilled water in a cold room to yield a 5% homogenate. To 2 ml of the homogenate were added 50 μ g NaCN, and the mixture was diluted with acetate buffer to give a final concentration of 0.03 M of the buffer. The diluted homogenate was then autoclaved at 120°C for 20 minutes. Upon cooling, the suspension was centrifuged and the clear supernatant fluid was neutralized with a half volume of 0.15 M Na₂HPO₄. The following amounts of neutralized liver extract were added to 10 ml of Skegg's media: 0.025, 0.05, 0.1 and 0.3 ml. The growth of *Lactobacillus leichmannii* #4797 was measured turbidimetrically after 40 hours of incubation. Plasma Vit. B₁₂ determination: Plasma was added to 5 ml medium in amounts of 0.025, 0.05 and 0.075 ml, and the growth of the microorganisms was measured titrimetrically after 70 hours of incubation. Measurement of Vit. B₁₂ absorption: Co⁶⁰ labeled Vit. B₁₂† with a specific activity of 800 μ c/mg was used. One ml of aqueous solution of Co⁶⁰B₁₂ containing 50 m γ in one study and 30 m γ in another study, was fed to rats by stomach tube, and the animals were transferred to individual metabolism cages for collection of fecal and urine specimens for 5 days in 2 periods of 2 and 3 days, respectively. The difference between oral dose and fecal excretion was taken as our measure of gastrointestinal absorption. Five days after administration of radioactive Vit. B₁₂, the animals were sacrificed. Liver, kidneys and the gastrointestinal tract were removed for radiometric measurement in a gamma scintillation counter with a flat crystal of thallium activated sodium iodide installed

† Merck's preparation.

TABLE II. Liver Vit. B₁₂ Contents of Pantothenic Acid Deficient Rats.

Group	Diet	Treatment	Avg wt	Liver Vit. B ₁₂ concentrations (mμg/g)
A (10)	PaA def.	None	41.3	.188 ± .020
B (7)	"	PaA-Ca inj.*	59.7	.112 ± .012

Animals were fed PaA deficient diets for 21-23 days from time of weaning.

Numbers in parentheses denote No. of rats used in each group.

* 100 μg × 3/wk.

in a well-type sample holder. Measurement of excretion and retention of Vit. B₁₂: Twenty μg Co⁶⁰B₁₂ were injected subcutaneously to rats; the radioactivity in urine and feces as well as in various organs was measured.

Results and discussion. Pantothenic acid deficiency and Vit. B₁₂ levels of the liver and plasma: *Experiment 1*: Three litters of pantothenic acid deficient weanling rats were divided randomly into 2 groups, (A) and (B). Both groups were offered the pantothenic acid deficient diet for 21-23 days but the control group (B) received Ca pantothenate by injection. Those data (Table II) indicate that the pantothenic acid deficient rats had significantly higher Vit. B₁₂ contents in liver ($p < 0.05$) than the treated control. *Experiment 2*: Thirty-day-old male rats were divided initially into 2 groups (A and B) and all animals were fed the pantothenic acid deficient diet. However, Group A (control), but not Group B, received Ca pantothenic acid by injection. At the end of 7 weeks, definite signs of deficiency developed in Group B. All animals in Group A and only one-half of the animals in Group B were sacrificed for determination of Vit. B₁₂ levels of liver and plasma. The remaining half in Group B were given by injection Ca pantothenic acid 100 μg 3 times/week, for 2 weeks

(Group C) and was then sacrificed for the same determinations. The results are given in Table III, and indicate that pantothenic acid deficient rats (Group B) have higher liver Vit. B₁₂ contents than those receiving Ca pantothenic acid (Group A). Group C, which received Ca pantothenic acid after the manifestation of deficiency showed an average liver Vit. B₁₂ level falling between Groups A and B. However, an examination of the data on plasma Vit. B₁₂ levels of the 3 groups demonstrated no difference between Groups A and B. Group C had a higher Vit. B₁₂ level than the other 2 groups ($p < 0.05$). *Experiment 3*: The effect of Vit. B₁₂ on pantothenic acid requirement was investigated by giving 2 different doses of Vit. B₁₂ together with 2 different suboptimal doses of pantothenic acid. Survival rates of the animals were measured. Eight litters of pantothenic acid deficient weanling rats were divided randomly into 5 groups on the basis of body weight and litters, and fed the pantothenic acid deficient ration for 8 weeks. Group 1, receiving a physiological saline solution, served as control; Groups 2 and 3 received 2 μg Ca pantothenate mixed with 1 mμg or 100 mμg Vit. B₁₂/injection, respectively, and Groups 4 and 5 received 20 μg Ca pantothenate mixed with 1 mμg or 100 mμg Vit. B₁₂. Each injected dose consisted of 0.2 ml aqueous solution and three injections were given per rat. The number of surviving rats is given together with the liver Vit. B₁₂ contents in Table IV.

All animals in Group 5 receiving 20 μg Ca pantothenate and 100 mμg Vit. B₁₂ survived during the 8 weeks experimental period, whereas at least half of the animals from the other groups died. The pantothenic acid deficiency symptoms were also less distinct in Group 5. The difference between Groups 4 and 5 is statistically significant and is impor-

TABLE III. Effect of PaA-Ca Injection on Liver Vit. B₁₂ Concentrations of PaA Deficient Rats.

Group	Treatment	Avg wt	Liver Vit. B ₁₂ (μg/g)	Plasma Vit. B ₁₂ (mμg/cc)
A (5)	PaA-Ca for 7 wk	278	.053 ± .010	.94 ± .05
B (6)	None	156	.152 ± .030	.96 ± .05
C (5)	Deficient diet 7 wk; PaA-Ca 2 wk	164	.093 ± .028	1.18 ± .01

Numbers in parentheses denote No. of rats used.

TABLE IV. Effect of Various Combinations of PaA and Vit. B₁₂ on Mortality of PaA Deficient Rats.

Group	Dose of inj*	No. of survival (% mortality)					Liver Vit. B ₁₂ (μ g/g)
		At start	2 wk	4 wk	6 wk	8 wk	
1	—	8	7 (12.5)	3 (63)	3 (63)	2 (75)	.082 $\pm$.008
2	PaA-Ca, 2 μ g B ₁₂ , 1 m μ g	8	8	4 (50)	3 (63)	3 (63)	.197 $\pm$.132
3	PaA-Ca, 2 μ g B ₁₂ , 100 m μ g	8	8	6 (25)	5 (37)	3 (63)	.270 $\pm$.040
4	PaA-Ca, 20 μ g B ₁₂ , 1 m μ g	9	7 (22)	7 (22)	4 (56)	4 (56)	.046 $\pm$.009
5	PaA-Ca, 20 μ g B ₁₂ , 100 m μ g	8	8	8 (0)	8 (0)	8 (0)	.146 $\pm$.016

* 3 times/wk.

tant in that 20 μ g Ca pantothenate with 1 m μ g Vit. B₁₂ was not enough to keep all the animals alive, but the addition of 100 m μ g Vit. B₁₂ brought up the survival rate to 100%. At 2 μ g level of Ca pantothenate supplementation of a large dose of Vit. B₁₂ did not have any effect on survival rate. This dose of Ca pantothenate is apparently below the suboptimal dose.

The liver Vit. B₁₂ contents were also measured at the end of 8 weeks. The mean value of liver Vit. B₁₂ contents of Group 4 was lower than that of Group 1 (statistically significant), which is the same finding as in Exp. 1 and 2. In the groups in which 100 m μ g Vit. B₁₂ was injected 3 times a week, a similar trend was also observed; namely, Group 3 had higher liver Vit. B₁₂ contents than Group 5. The difference in treatment among these groups was only the amounts of Ca pantothenate administered. Ca pantothenate, therefore, tends to lower the accumulation of injected Vit. B₁₂ in liver. Vit. B₁₂ transport from tissue to blood: This transport mechanism seems to be impaired in pantothenic acid deficiency. It has been generally accepted that plasma Vit. B₁₂ levels reflect tissue Vit. B₁₂ in animals and humans. There has not been demonstrated any abnormal equilibration of Vit. B₁₂ between the tissue and plasma, although such an abnormality was suspected to exist in some of the metabolic conditions.

It has also been clearly demonstrated from the third experiment that if rats are kept on a diet containing suboptimal amounts of pan-

tothenic acid, administration of a large dose of Vit. B₁₂ has a sparing effect and increases survival rates. This finding seems contradictory in that pantothenic acid deficient rats have high microbiological activity of Vit. B₁₂ in the liver, yet require more Vit. B₁₂. However, if utilization of liver Vit. B₁₂ is interfered with, or the liver Vit. B₁₂ is not metabolically available, administration of a large quantity of Vit. B₁₂ could produce a beneficial effect from the injected Vit. B₁₂. In other words, one postulate is that pantothenic acid deficiency, the utilization of liver and plasma Vit. B₁₂ is obstructed and this interference is manifested in abnormal distribution of vitamins in liver and plasma Vit. B₁₂. Such derangement of Vit. B₁₂ equilibrium in the body makes it hazardous to interpret the state of Vit. B₁₂ sufficiency on the plasma Vit. B₁₂ levels alone.

From the studies on absorption and retention of injected radioactive Vit. B₁₂, it was shown that the deficient rats have normal capacities of absorption (Table V) regardless of the oral doses of Vit. B₁₂ used. When Vit. B₁₂ was given to rats by injection, the livers of the deficient rats retained more radioactivity than those of the treated ones on the unit weight basis. No difference in retention by kidneys or digestive tracts or in fecal excretion was observed between groups (Table VI). This fact can explain the accumulation which results in higher concentrations of Vit. B₁₂ in the liver. This postulate is compatible with the finding that administration of pantothenic acid to deficient rats raised plasma

TABLE V. Absorption and Organ Distribution of Orally Administered Co⁶⁰B₁₂.

Exp.	Oral dose (mμg)	Group	Avg wt	Absorp.*	Recovery of Co ⁶⁰ (as mμg Vit. B ₁₂)		
					Liver		Kidney
					Total	Per 10 g	
A	50	Deficient (5)	262	31.9 ± .7	4.48 ± .29	5.98 ± .61	4.46 ± .16
		Treated (4)	309	29.7 ± 1.7	3.66 ± .12	3.85 ± .16	3.48 ± .40
B	30	Deficient (6)	156	11.7 ± 1.3	1.50 ± .17	2.78 ± .40	1.94 ± .11
		Treated (5)	278	13.1 ± 1.0	1.70 ± .31	1.55 ± .30	1.83 ± .21

* Calculated by subtracting fecal recovery of radioactivity from oral dose.

Treated group received 100 μg 3 times/wk of PaA-Ca.

Numbers in parentheses denote No. of rats used.

TABLE VI. Excretion and Retention of Injected Co⁶⁰B₁₂.

Exp.	Group	Avg wt	Excretion of Co ⁶⁰ (mμg B ₁₂)			Recovery of Co ⁶⁰ in organs (mμg B ₁₂)		
			Urine	Feces	Total in 5 days	Liver		Kidney
						Total	mμg/10 g	
A	Deficient (6)	266	2.17	1.66	3.83 ± .30	2.80 ± .14	3.03 ± .24	3.06
	Treated (4)	344	2.24	1.89	4.13 ± .39	2.38 ± .14	2.30 ± .19	2.91
B	Deficient (3)	248	1.75	1.77	3.52 ± .07	2.88 ± .31	3.78 ± .27	2.34
	Treated (3)	210	2.00	2.02	4.40 ± .10	2.59 ± .10	2.85 ± .19	2.12

Treated group received 100 μg PaA-Ca 3 times/wk.

Numbers in parentheses denote No. of rats used.

Vit. B₁₂ levels and lowered liver Vit. B₁₂ concentrations as demonstrated in Exp. 2.

The proposed mechanism does not contradict any interrelationship in the intermediary metabolism between Vit. B₁₂ and pantothenic acid. There will be more than one mechanism which results in elevated liver Vit. B₁₂ levels in pantothenic acid deficiency. Retarded growth and less consumption of tissue Vit. B₁₂ may partly account for the altered metabolism, although this does not seem to be an important mechanism. Vit. B₁₂ may be related also to pantothenic acid in the intermediary metabolism. Since one of the many metabolic roles of Vit. B₁₂ is to reduce -S-S- to -SH state(3), and SH is the active part of the CoA molecule, it is likely that Vit. B₁₂ is concerned with the metabolic processes where CoA or pantothenic acid as part of CoA is involved. In fact, in the absence of Vit. B₁₂, CoA failed to be reduced to -SH form, thereby inhibiting the normal pathway of fat metabolism. Other supporting evidence comes from the work of Grasbeck(4), who demonstrated lowered acetylation of sulfonamide in Vit. B₁₂ deficient rats. The impaired utilization of Vit. B₁₂ in pantothenic acid deficiency

demonstrated in our study confirms the close interrelationship between these two vitamins.

Summary. The metabolic pattern and the sparing effect of Vit. B₁₂ were studied in pantothenic acid deficient rats with the following results: 1) The liver of pantothenic acid deficient rats had higher Vit. B₁₂ content than the control. The plasma Vit. B₁₂ level, however, was not elevated in the deficient rats. 2) Administration of a large dose of Vit. B₁₂ to rats receiving a suboptimal dose of pantothenic acid had a sparing effect on survival rate. 3) Absorption and excretion of radioactive Vit. B₁₂ were not impaired in pantothenic acid deficiency. 4) Radioactive Vit. B₁₂ introduced either by intestinal absorption or by injection was retained more in the liver in pantothenic acid deficient rats than in the pantothenic acid supplemented control.

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Received July 26, 1962. P.S.E.B.M., 1962, v111.