

# *In Vitro* Granulocytic Colony-Forming Potential of Bone Marrow from Patients with Granulocytopenia and Aplastic Anemia<sup>1</sup> (35693)

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Several reports have indicated that bone marrow from normal humans and from patients with various disease states will form colonies in semisolid medium when appropriately stimulated (1-6). In these systems granulocytic colonies arise from single bone marrow cells, the identity of which has not as yet been determined. In our laboratory, normal human bone marrow yields a mean of 65 colonies/ $2 \times 10^5$  nucleated marrow cells plated (3, 4). In murine systems, the colony-forming cell appears to be a committed granulocyte precursor (7-10) but this has not been determined in humans as yet. The present studies were done to determine the colony-forming potential of bone marrow from patients with idiopathic and drug-induced aplastic anemias and granulocytopenias. It has been shown that granulocytic colonies result from the culture of marrows from these disease states. However, the number of colonies is less than produced by cultures of normal human bone marrow.

*Methods and Materials.* All of the patients studied were seen by the authors at the University of Colorado Medical Center between June, 1969 and August, 1970. The method of human bone marrow culture utilized here has previously been described in detail (3, 4). Ten ml of liquid marrow from a sternal

or iliac crest aspirate is obtained in a heparinized syringe and transferred to a sterile tissue culture tube for gravity sedimentation. The marrow-rich plasma is removed with a Pasteur pipette; and the cells are washed three times with McCoy's 5A medium to remove the plasma. After counting in a hemocytometer,  $2 \times 10^5$  nucleated cells in 1 ml of McCoy's 5A medium, supplemented by 15% fetal calf serum, in 0.3% agar are pipetted onto 1-ml feeder layers containing  $1 \times 10^6$  normal human WBC in McCoy's 5A medium and 0.5% agar in 35-mm plastic petri dishes. The cultures are allowed to gel at room temperature and are then incubated at 37° in a humidified incubator with a constant flow of 7.5% CO<sub>2</sub> in air. Colonies are visible on plates at days 14-20 of incubation and are counted at that time with a dissecting microscope. For microscopic studies, colonies are removed from the agar with a finely drawn Pasteur pipette and stained with aceto-orcein as previously described (3). Differential cell counts reported were performed on the final cell suspension in McCoy's 5A medium, rather than on smears of the initial marrow aspirate, to obtain counts representative of the material actually plated in the cultures.

*Results.* Table I shows the number of colonies formed from  $2 \times 10^5$  nucleated marrow cells from four normal humans, five cases of aplastic anemia, and five cases of isolated granulocytopenia. Marrows from patients with aplastic anemia and granulocytopenia yielded averages of 15 and 26 colonies/ $2 \times 10^5$  cells plated, respectively, compared to an

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TABLE I. *In Vitro* Colony-Forming Potential of Human Bone Marrow.

Patient	Diagnosis	Granulocyte colonies/ $2 \times 10^5$ bone marrow cells
C. R.	Idiopathic aplastic anemia	$25 \pm 4.6^a$
W. L.	Idiopathic aplastic anemia	$22 \pm 1.8$
E. R.	Idiopathic aplastic anemia	$9 \pm 2.1$
R. E.	Idiopathic aplastic anemia	$8 \pm 1.8$
V. H.	Chloramphenicol-induced aplastic anemia	$11 \pm 3.4$
Mean		15.0
B. R.	Idiopathic granulocytopenia	$19 \pm 3.0$
E. S.	Idiopathic granulocytopenia	$26 \pm 3.4$
N. P.	Drug-induced granulocytopenia	$37 \pm 7.5$
G. P.	Drug-induced granulocytopenia	$31 \pm 6.8$
B. S.	Drug-induced granulocytopenia	$18 \pm 3.0$
Mean		26.2
A. B.	Normal	$68 \pm 6.7$
E. M.	Normal	$43 \pm 3.9$
A. H.	Normal	$58 \pm 11.7$
G. S.	Normal	$32 \pm 5.6$
Mean		50.3

<sup>a</sup> Mean colony count of 5 plates  $\pm$  standard deviation.

average of 50 colonies from the four normal human bone marrows. The size of colonies produced was not significantly different in any of these three groups, averaging 500–1500 cells at day 20 of incubation.

Morphologic studies were done on colonies at various times of incubation. The progression of cell types was similar in all colonies and was the same as that noted previously with normal human marrow (3). Initially, colonies were composed of large cells with a single nucleus, thought to be myelocytes, and, by day 20 of culture, were composed almost exclusively of cells with the morphologic appearance of mature granulocytes.

Addition of serum or plasma from two patients with aplastic anemia to cultures of normal human bone marrow did not significantly alter the number of colonies produced by the latter, Table II.

Table III shows representative differential cell counts of bone marrow from each of the three groups of patients studied. The predominant cells in the normal human marrow suspensions were mature granulocytes, band forms, and metamyelocytes. This is in contrast to the marrow suspensions of the two groups of patients studied in which the predominant cells were small lymphocytes and erythroblasts. The number of myeloblasts

TABLE II. Effect of Serum and Plasma from Aplastic Patients W. L. and E. R. upon *in Vitro* Colony Formation by Normal Human Marrows.

	No. of colonies/ $2 \times 10^5$ bone marrow cells	
	A. H.	G. S.
Marrow alone	$58 \pm 11.7^a$	$32 \pm 5.6$
+ 0.1 ml of W. L. serum	$53 \pm 3.7$	$23 \pm 5.2$
plasma	$48 \pm 5.0$	$25 \pm 4.2$
+ 0.1 ml of E. R. serum	—	$28 \pm 4.3$
plasma	—	$36 \pm 3.4$

<sup>a</sup> Mean colony count of 5 plates with SD.

TABLE III. 200-Cell Differential Counts on Final Cell Suspensions of 3 Representative Marrows.

	E. M. (normal) (%)	R. E. (aplastic) (%)	N. P. (granulocytopenic) (%)
Small lymphocytes	12.0	30.0	19.5
Large lymphocytes	12.5	4.5	8.5
Myeloblasts	2.0	1.5	5.5
Promyelocytes	4.0	3.5	4.5
Myelocytes	6.5	5.5	2.0
Metamyelocytes, bands, and mature granulocytes	51.5	23.0	1.0
Erythroblasts (all stages)	2.5	21.0	45.5
Other <sup>a</sup>	9.0	11.0	13.5

<sup>a</sup> Includes plasma cells, monocytes, megakaryocytes, reticulum cells, and eosinophils and basophils and their precursors.

and promyelocytes present was similar in all groups.

*Discussion.* These studies have demonstrated that bone marrows from patients with aplastic anemia and granulocytopenia contain cells capable of giving rise to colonies in semisolid medium. The number of colonies produced, however, is less than that obtained from normal human bone marrow. This effect is apparently not the result of inhibitory factors present in the serum or plasma of these patients, since the marrow cells were washed free of contaminating plasma prior to plating, and their plasma had no effect on colony formation by normal human bone marrow cells. Since most of these patients had hypoplastic marrows, these studies indicate that not only are the relative numbers of colony-forming cells reduced, but the absolute numbers as well.

There is good evidence to suggest that the *in vitro* colony-forming cell is not the pleuripotential stem cell, but is already committed to granulocytic differentiation (7-10). The present studies might suggest that there is decreased feed-in of these cells from a damaged stem cell compartment. Cells morphologically identifiable as early granulocyte precursors should represent descendents of these granulopoietic stem cells. However, the differential counts (Table III) indicate that the relative number of identifiable early granulocyte precursors in the marrows of the aplastic and neutropenic patients is similar to that present in normal human bone mar-

rows. This evidence of normal *in vivo* maturation to a stage presumably more advanced than the granulopoietic colony-forming cell, but with subsequent failure to produce normal numbers of mature granulocytes, either *in vivo* or *in vitro*, suggests that the damage in these disease states may extend into maturing cell lines.

One must be cautious in the interpretation of the data, however, in view of the variable admixture of peripheral blood elements in the plated specimens. There is no good way to assess the relative contributions of bone marrow and peripheral blood cells to the final suspensions plated, since the original marrow sedimented is liberally intermixed with peripheral blood. Because most of the patients in this study had hypoplastic marrows, the relatively decreased numbers of colony-forming cells might simply be a reflection of a greater admixture of mature peripheral blood cells.

Since the colony-forming cell in normal marrows is present in a proportion of less than one per thousand nucleated cells, one would not expect differential counts to yield significant clues as to the identity of the colony-forming cell, as indeed they do not in this study (Table III). Thus the significance of our findings will become clear only upon identification of the *in vitro* colony-forming cell. It is of interest that Paran and colleagues (6) have recently reported that marrows from two patients with congenital neutropenia retained the ability to form normal

numbers of colonies in a similar system. Studies are now under way to determine the change in colony-forming potential of marrows from patients with granulocytopenias induced by chemotherapeutic agents, and during the changing leucodynamic status brought about by recovery from these drug-induced granulocytopenias.

*Summary.* The colony-forming potential in agar-gel of bone marrows from patients with aplastic anemia and granulocytopenia has been studied. It has been shown that bone marrow cells from these patients retain the ability to produce colonies *in vitro*, but that the number of colonies formed is reduced compared to normal human bone marrow. No inhibitory effect of serum or plasma from patients with aplastic or granulocytopenic states was found upon the colony growth of normal human bone marrow.

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