

Induced Biosynthesis of Cutaneous Prostaglandins by Ionizing Irradiation¹ (41362)

V. A. ZIBOH,² C. MALLIA, E. MORHART, AND J. R. TAYLOR

Department of Dermatology, TB 192, University of California, Davis School of Medicine, Davis, California 95616, and Research and Dermatology Service, Veterans Administration Medical Center, Miami, Florida 33125

Abstract. This study has demonstrated that exposure of white domestic pig skin to a single treatment of X-ray irradiation (300-1000 rad) results in a rapid release of epidermal arachidonic acid followed by its transformation via the cyclooxygenase pathway into prostaglandin E₂ (PGE₂). Beyond 24 hr the epidermal PGE₂ decreased steadily. The time-dependent biosynthesis of epidermal PGE₂ can be blocked by the immediate topical application of 2.5% indomethacin in ethanol to the irradiated skin area. In order to seek an explanation for the progressive decrease of epidermal PGE₂ beyond 24 hr we assayed for the activity of the NADPH-dependent PGE₂-9-ketoreductase (an enzyme which catalyzes the transformation of PGE₂ into PGF_{2α}) in the 105,000g supernatant fractions prepared from the irradiated and nonirradiated epidermal specimens. Our data revealed that the activity of this interconverting enzyme increased steadily beyond 24 hr. These results indicate that PGE₂ formed as a result of exposure of skin to X rays is metabolized into PGF_{2α}. The biological significance of this interconversion and the role of PGF_{2α} in X-ray-induced injury to the skin remains to be determined.

Prostaglandins (PGs)³ and related metabolites constitute a family of 20-carbon fatty acids whose initial synthesis involves the release of precursor arachidonic acid (AA) from membrane phosphoglycerides by tissue phospholipase A₂ and its subsequent oxygenation either by a cyclooxygenase into potent cyclized endoperoxides (PGG₂ and PGH₂) which can be enzymatically transformed into prostaglandins (PGE₂, PGF_{2α}, PGD₂), prostacyclin (PGI₂), and thromboxane A₂ (TxA₂) or by a series of lipoxygenases into a variety of noncyclized hydroperoxy and hydroxy fatty acids (1).

The biosynthesis of prostaglandins from arachidonic acid by skin preparations is now well documented (2-5). When the skin was exposed to ultraviolet (uv) irradiation, prostaglandin-like compounds were detected in increased concentrations in areas

of delayed inflammation (6, 7). Topical application of indomethacin to the skin immediately after exposure to uv irradiation resulted in suppression of erythema (8). These reports suggest at least in part, that a relationship exists between uv irradiation, formation of prostaglandins, and the development of erythema in the skin.

Several deleterious effects of ionizing radiation on skin have been reported (9-11). Of particular interest is the initiation of erythema and ulceration in pig skin at a dose range of 1240 to 500 rad (12). Since prostaglandin E₂ (PGE₂), a metabolite of arachidonic acid is known to induce erythema in man (13), we decided to test the effects of x-ray irradiation on the release of cutaneous arachidonic acid and prostaglandin E₂ formation in the skin of domestic pigs, reportedly with gross and histological resemblance to man.

Materials and Methods. Three 8- to 12-week-old domestic pigs weighing approximately 8-20 kg were used in these studies. [³H]PGE₂ (specific activity, 125Ci/mmole) was purchased from New England Nuclear, Boston, Massachusetts. Radio-purity was ascertained by TLC on silica

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² To whom reprint requests should be addressed.

³ Abbreviations used: PGE₂, prostaglandin E₂; PGF_{2α}, prostaglandin F_{2α}; TLC, thin-layer chromatography; AL, aluminum.

gel G in solvent system ethyl acetate:acetic acid (99:1, v/v). Approximately 80% of the chromatographed ³H was found to have similar chromatographic mobility as authentic PGE₂. Nonradioactive PGE₂ and PGF_{2α} were gifts from Dr. U. F. Axen of Upjohn Company, Kalamazoo, Michigan. Reagents were of analytical grade, and solvents were redistilled before using.

X-ray irradiation of pig skin. White domestic pigs varying from 8 to 12 weeks of age and weighing 8 to 20 kg were anesthetized with sodium pentobarbital (25 mg/kg), given intravenously. Epidermis from these white pigs contained no melanin. Posterior flanks were shaved, and an area 5 × 10 cm was marked off on both sides of the pig. The superficial irradiation used had the following characteristics: 100 kV, 20 mA, half-value layer in aluminum (AL) of 1.0 mm, skin target distance of 30 cm, and delivered through a 5-cm cone. The exposure rate was measured with each treatment and was 317 R/min. Quantities of 1000 or 3000 R were given in single treatments of the 5 × 10-cm areas on the posterior flanks of pigs. For evaluation of dose-response studies, quantities of 300, 600, 1000, 1500, and 2000 R of irradiation were given to 5 × 10-cm areas within the 5 × 10-cm sites on both posterior flanks. Lead shielding was used to protect previously exposed areas.

Preparation of tissue specimens and analysis for PGE₂. To test whether the cyclooxygenase pathway is enhanced after exposure of skin to X-ray irradiation, one exposed site was treated with a single topical application of 2.5% indomethacin in ethyl alcohol (vehicle) while the opposite site was treated with the vehicle alone immediately following irradiation.

Skin specimens were removed immediately from pigs with a Castroviejo keratome set at 0.3–0.5 mm. These specimens contained approximately 75% epidermis with 25% dermal contamination. The specimens were immediately placed in vials containing a mixture of chloroform:methanol (2:1) and stored at –70° until processed for prostaglandin E₂. The irradiated pigs were housed in separate cages and treatment sites were

examined daily. When needed, the epidermal strips were homogenized in the same solvent mixture with a Polytron homogenizer Model PT 20 from Kinematica, Lucerne, Switzerland. Aliquots were taken for protein assay by the method of Lowry *et al.* (14), with bovine serum used as standard. The extract was evaporated in a rotary evaporator. The residue was redissolved in chloroform:methanol (1:1), applied to silica gel-coated thin-layer plates (TLC), and developed in the solvent system chloroform:methanol:acetic acid:water (90:8:1:0:8). This system separates total lipids into several fractions including phospholipids, prostaglandins (PGs), and neutral lipids (triglycerides and sterol esters).

The fraction which contained the mixture of prostaglandins was scraped and eluted as described previously (15). After drying under N₂ the residue was redissolved in the same solvent mixture and developed twice in the solvent system ethyl acetate:acetic acid (99:1). The portion of the TLC gel which contained PGE₂ was eluted and transformed into PGB₂ with ethanolic NaOH as reported previously (16). PGE₂ in skin specimens was estimated from a standard curve of authentic PGE₂ which had been similarly transformed into PGB₂.

Estimation of arachidonic acid in phospholipids and neutral lipid fractions. The phospholipid and neutral lipid fractions were also scraped and eluted separately from the TLC plates, dried under N₂ and subjected to transesterification by refluxing under N₂ with 30 ml of a 5% solution of HCl in methanol for 60 min as described previously (17). The resulting fatty acid methyl esters were analyzed on an F and M Model 402 gas chromatograph equipped with a flame ionization detector (FID) system as reported previously (17). Identification of arachidonic acid was by comparison with the methyl ester of an authentic arachidonic acid obtained from the Hormel Institute. Quantitation was by triangulation of the chromatographic peak and comparison with known peak of the reference arachidonic acid.

Subcellular preparation of skin specimens and conversion of [³H]PGE₂ into

[³H]PGF_{2α}. Skin specimens taken at various times after irradiation were homogenized with a Polytron homogenizer in 5 vol of ice-cold 0.1 M phosphate buffer, pH 7.4, containing 4 mM MgCl₂ and 0.1 mM dithiothreitol. Preparation of the 105,000g supernatant fraction by differential centrifugation was as described previously (18). The high-speed supernatant fraction was partially purified and concentrated by filtering through Sephadex G-25 (coarse) in order to remove endogenous pyridine nucleotides and other small molecular weight substances. The amount of protein in the concentrated supernatant fraction was determined by the method of Lowry *et al.* (14), with bovine albumin used as standard.

Enzymatic conversion of [³H]PGE₂ into [³H]PGF_{2α}. The enzymatic reduction of [³H]PGE₂ into [³H]PGF_{2α} was determined in a final volume of 1 ml of 0.1 M phosphate buffer, pH 7.4, containing MgCl₂ (4 mM), NADPH (2.0 mM), dithiothreitol (0.1 mM), partially purified 105,000g supernatant fractions (2–4 mg protein) from irradiated skin areas and [³H]PGE₂ (0.1 μCi, 1 pmole). The mixture was incubated aerobically with shaking in a Dubnoff incubator at 37° for 30 min. Control experiments contained [³H]PGE₂ and 105,000g supernatant fractions from skin removed from the nonirradiated side. Fractionation and assay of [³H]PGE_{2α} were as reported previously (18). The activity of the PGE-9-ketoreductase was calculated as percentage of radioactivity from incubated [³H]PGE₂ that cochromatographed with authentic PGF_{2α}.

Results. In our preliminary experiments, we tested whether or not the exposure of the domestic pig skin to X-ray irradiation would result in the release of epidermal arachidonic acid (a substrate for PG biosynthesis). Figure 1 shows a time course of the release of this substrate from the right and left dorsal areas of the pig skin after exposure to 1000 rad of X irradiation. The slight decrease of the endogenous fatty acid during the first hour after irradiation is unclear. Nonetheless, after one hour, the release of free arachidonic acid from both dorsal skin areas increased and remained elevated for 24 hr. These results stimulated

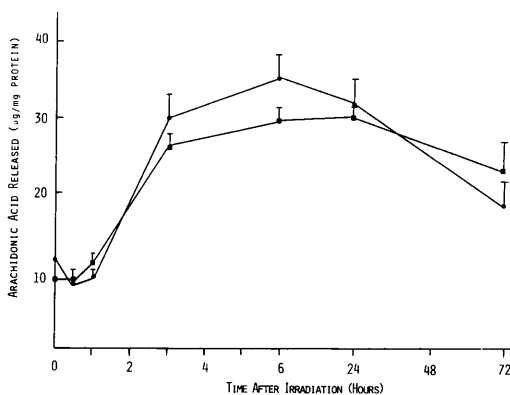


FIG. 1. Time course of X-ray-induced release of arachidonic acid by pig epidermis. Right and left dorsal areas of pig skin (5 × 10 cm) were exposed to a single treatment of X-ray irradiation (1000 rad). Removal of epidermal strips and identification of arachidonic acid by gas-liquid chromatography are as described under Methods. Each value point represents the mean ± SEM of duplicate determinations from three experiments. ●, Pig right dorsal side; ■, pig left dorsal side.

us to determine whether or not the release of arachidonic acid can be correlated to the formation of prostaglandins, particularly the E type (PGE₂).

In one series of experiments, we tested whether or not the release of endogenous arachidonic acid correlated with an increase in endogenous epidermal prostaglandins. In another, we tested the effect of topical indomethacin (2.5% in vehicle) applied immediately after irradiation on the release of the endogenous epidermal PGE₂. Figure 2 (A and B) shows a time course of the formation of epidermal PGE₂ after exposure of skin to 1000 rad of X-ray irradiation. Endogenous PGE₂ corresponded with the release of arachidonic acid as shown in Fig. 1. Topical application of indomethacin to the skin immediately after exposure to X-ray irradiation resulted in a decrease of the epidermal PGE₂. These results suggest that the transformation of released arachidonic acid into PGE₂ via the cyclooxygenase pathway is inhibited by the applied indomethacin (a cyclooxygenase inhibitor).

The effects of increasing doses of X-ray irradiation and the formation of epidermal PGE₂ after 24-hr were also examined. Results are shown in Fig. 3. These data

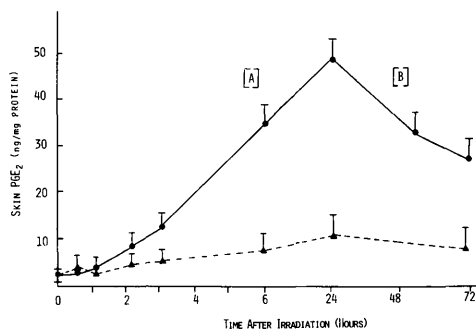


FIG. 2. Time course of X-ray-induced formation of PGE₂ and its inhibition by indomethacin in pig epidermis. Posterior areas (5 × 10 cm) of the pig skin were exposed to one single treatment with X-ray irradiation (1000 rad). Selected exposed areas were treated topically with 2.5% indomethacin in ethanol. Removal of epidermal strips after various time intervals and identification of PGE₂ are as described under Methods. [A] portion of the curve represents increased formation of PGE₂ during the first 24 hr, while [B] represents decrease of the PGE₂ beyond 24 hr. Each value point represents the mean ± SEM of duplicate determinations from three experiments. ●, X-ray irradiation + vehicle; ▲, X-ray irradiation + vehicle + indomethacin.

showed that the formation of PGE₂ was induced when skin is exposed to a single dose of 300 to 1000 rad of X-ray irradiation. Above the 1000-rad single dose the formation of PGE₂ was decreased.

Conversion of [³H]PGE₂ into [³H]PGF_{2α} by 105,000g supernatant fractions from skin exposed to X-ray irradiation. The decrease of epidermal PGE₂ with time after X-ray irradiation as shown in Fig. 2 was puzzling, but it did stimulate us to ascertain whether or not PGE₂ was being metabolized, particularly into PGF_{2α} by the NADPH-dependent PGE₂-9-ketoreductase (an enzyme known to catalyze the transformation of PGE₂ in PGF_{2α}). The activity of this enzyme has been reported to increase after exposure of skin to ultraviolet irradiation (19). Incubations of high-speed supernatant preparations from non- and irradiated skin with [³H]PGE₂ and NADPH resulted in the formation of [³H]PGF_{2α}. The data in Fig. 4 show that the activity of the PGE₂-9-ketoreductase in skin specimens removed after various time intervals after one dose

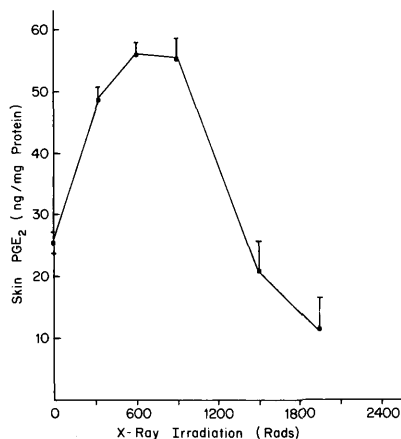


FIG. 3. Effect of exposure of pig skin to increasing dose of X-ray irradiation. Selected dorsal areas of pig skin (5 × 10 cm) were exposed respectively to varying doses of a single treatment with X-ray irradiation. Epidermal strips were removed after 24 hr from irradiated areas and subjected immediately to extraction, chromatography, and estimation of PGE₂ as described under Methods. The data are averages of duplicate experiments. The bars represent ranges.

of X-ray irradiation increased moderately the first 6 hr, then continues steadily up to 48 hr. This elevation in activity correlates with the diminished level of endogenous PGE₂ after 24 hr (Fig. 2).

When the PGE₂ formed and the activity of the PGE₂-9-ketoreductase in the pig epidermis after irradiation are compared (Fig. 5), a relationship between the two biochemical events seems to emerge. A rapid synthesis of PGE₂ was evident within the first hour, continued up to 24 hr, and then decreased. On the other hand, activity of the PGE₂-9-ketoreductase was evident after one hour, and increased activity continued even at 48 hr when PGE₂ was decreasing.

Discussion. This study has demonstrated that exposure of domestic pig skin to X-ray irradiation (300–1000 rad) results in a rapid release of epidermal arachidonic acid. Although the mechanism of this release cannot be delineated from the present studies, it is nonetheless likely that the ionizing radiation of X rays may have initiated the hydrolysis of arachidonic acid from epi-

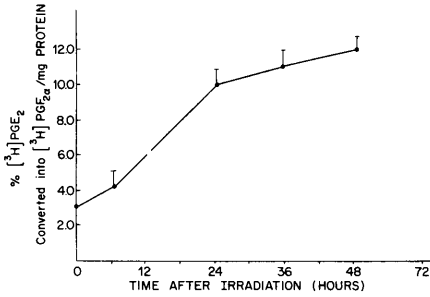


FIG. 4. Time course of the conversion of [³H]PGE₂ into [³H]PGF_{2α} by X-ray irradiated pig skin. Partially purified high-speed 105,000g supernatant fractions were prepared from nonirradiated and irradiated skin (100 rad) taken after various hours. One milliliter of each high-speed preparation (4 mg protein) in 0.1 M phosphate buffer (pH 7.4) and containing MgCl₂ (4 mM), dithiothreitol (0.1 mM), and NADPH (2 mM) was incubated with [³H]PGE₂ (0.1 μCi, 1 pmole) at 37° for 30 min. Identification of radioactive PGF_{2α} was by TLC in silica gel coated plates described under Methods. Each value represents the mean ± SEM of triplicate determinations from two experiments.

dermal membrane phospholipids via the activation of the skin phospholipase A. Activation of the activity of this enzyme by ultraviolet irradiation has previously been reported (19). Furthermore, ionizing radiations such as that generated by X rays are known to elaborate free radicals in tissues (20), and it is likely that they do contribute to the early initiation step of a free radical fatty acid formation from arachidonic acid released in the epidermis which then serves as a reactive intermediate for the attachment of O₂. This free radical-oxygen complex is then transformed enzymatically by the cyclooxygenase into the cyclic endoperoxide and then ultimately converted into the stable prostaglandins products. The formation of the E and F prostaglandins (Figs. 2 and 4) after X-ray irradiation is consistent with the above suggestion of an X-ray-induced arachidonic acid release in the skin, and its eventual transformation into prostaglandins.

Of particular interest in this study is the increased activity of the NADPH-dependent PGE₂-9-ketoreductase with increasing time after X-ray irradiation while the endogenous level of PGE₂ which had in-

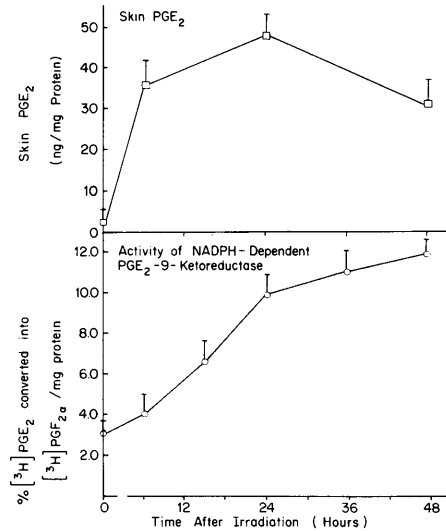


FIG. 5. Relationship of X-ray-induced skin PGE₂ formation and PGE₂-9-ketoreductase activity. Experimental procedures for respective determinations are as described in legends for Figs. 2 and 3.

creased in the first 24 hr decreased with elapsed time. It is, therefore, likely that the increased activity of PGE₂-9-ketoreductase may explain at least in part the decrease in endogenous PGE₂ as shown in Fig. 2. One other pathway of PGE₂ inactivation in the epidermis is via its metabolism by the 15-hydroxy-PGE₂-dehydrogenase (4). The activity of this enzyme was not determined in these studies. On the other hand, homogenates from spleen of mice which have previously been exposed to X rays were reported to inhibit the activity of the 15-hydroxy-prostaglandin E₁-dehydrogenase (21).

The mechanism of epidermal PGE₂-9-ketoreductase activation by X rays is presently unclear. The biological significance of the increased transformation of the proinflammatory PGE₂ into PGF_{2α} several hours after irradiation can only at this time be speculative, but it is not unreasonable to suggest that the increased formation of PGF_{2α} may, at least in part, be a response of the irradiated skin to inhibit the proinflammatory effects of PGE₂ which has been generated by the X-ray irradiation. This view is consistent with reports by Crunkhorn *et al.* (22), who demonstrated that the

inflammatory response to PGE₂ in guinea pig skin could be suppressed by injecting PGF_{2α} before the onset of the PGE₂. Furthermore, Willoughby (23) reported that PGF_{2α} suppressed the inflammatory reaction induced by tissue injury by a variety of permeability factors, including histamine and serotonin. Velo *et al.* (24), in a time–sequence study of the distribution of PGE₂ and PGF_{2α} in the inflammatory exudates of carrageenan peritonitis, observed that as the exudate is developing (6 hr) the ratio of PGE₂:PGF_{2α} shifts to 1:2. However at 24 hr when the exudate process waned and looked more as that seen in the resting peritoneal cells, the ratio of PGE₂:PGF_{2α} shifts to 1:6. Thus, the use of the domestic pig and its exposure to ionizing radiation could provide a useful model for further explorations into the mechanisms of action of various sources of ionizing radiation on the skin.

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