

Biological Activity of 1,24(R)-Dihydroxyvitamin D₃ and 1,24(S)-Dihydroxyvitamin D₃ in the Rat¹ (41396)

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Abstract. The activities of 1,24(R)-dihydroxyvitamin D₃ and 1,24(S)-dihydroxyvitamin D₃ have been compared with that of 1,25-dihydroxyvitamin D₃ in the stimulation of intestinal calcium transport, mobilization of bone calcium, elevation of serum inorganic phosphorus concentration, and in healing rickets in vitamin D-deficient rats. The 1 α -hydroxyvitamin D₃ was also compared with the 1,24-dihydroxyvitamin D₃ compounds in antirachitic activity. In all parameters 1,25-dihydroxyvitamin D₃ is about 10 times more active than either 1,24(R)-dihydroxyvitamin D₃ and 1,24(S)-dihydroxyvitamin D₃. In antirachitic activity 1,25-dihydroxyvitamin D₃ is about two times more active than 1 α -hydroxyvitamin D₃ which in turn is two times more active than 1,24(R)-dihydroxyvitamin D₃. The 1,24(R)-dihydroxyvitamin D₃ and 1,24(S)-dihydroxyvitamin D₃ compounds are equally active except in the healing of rickets where the 1,24(S)-dihydroxyvitamin D₃ elicits weak biological activity.

The physiological significance of 24-hydroxylation of vitamin D compounds is not known, while it is well established that physiologically 1-hydroxylation of the vitamin in the kidney is the essential structural modification for expression of biological activity (1). The most important analog of 1,25-dihydroxyvitamin D₃ (1,25-(OH)₂-D₃)³ is 1 α -hydroxyvitamin D₃ (1 α -OH-D₃) (2) that must be hydroxylated at C-25 for expression of biological activity (3). The activity of 1 α -OH-D₃ was determined as one-half that of 1,25-(OH)₂-D₃ in stimulating intestinal calcium transport and bone min-

eral mobilization (4). Another analog of significance is 1,24-dihydroxyvitamin D₃ (1,24-(OH)₂-D₃) (5). As expected from results with 1,25-(OH)₂-D₃, 1 α -OH-D₃, and 1,24,25-trihydroxy vitamin D₃ (1,24,25-(OH)₃-D₃), 1,24-(OH)₂-D₃ stimulates intestinal calcium transport in anephric animals (6). It has been reported that 1,24-(OH)₂-D₃ is as active as 1 α -OH-D₃ and is less toxic (5–7). In this report we have compared the biological activity of 1,25-(OH)₂-D₃ with that of 1,24(R)-(OH)₂-D₃ and 1,24(S)-(OH)₂-D₃.

Materials and Methods. *Animals.* Weanling male rats were purchased from the Holtzman Company (Madison, Wisc.) and were fed either a low-calcium (0.02%)—adequate phosphorus (0.3%), vitamin D-deficient diet (8) or a high-calcium (1.2%)—low-phosphorus (0.1%), vitamin D-deficient diet (9). Three weeks after they had been fed the low-calcium diet they developed hypocalcemia, and in the case of the high-calcium—low-phosphorus diet, they developed hypophosphatemia and severe rickets.

Vitamin D compounds. The 1,25-(OH)₂-D₃ and 1 α -OH-D₃ were gifts from Hoffman—La Roche (Nutley, N.J.) and Leo Pharmaceuticals (Ballerup, Denmark), respectively. The stereochemical isomers

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³ Abbreviations used: 1,25-(OH)₂-D₃, 1,25-dihydroxyvitamin D₃; 1 α -OH-D₃, 1 α -hydroxyvitamin D₃; 1,24-(OH)₂-D₃, 1,24-dihydroxyvitamin D₃; 1,24,25-(OH)₃-D₃, 1,24,25-trihydroxyvitamin D₃; 24,25-(OH)₂-D₃, 24,25-dihydroxyvitamin D₃.

of 1,24-(OH)₂D₃ were synthesized by Ochi *et al.* (10). They were dissolved in ethanol and adjusted at concentrations so that each dose was given in 0.05 ml ethanol. A molar extinction coefficient of 18,200 at 264 nm was used for all compounds. In the case of subcutaneous injections, the samples were dissolved in propylene glycol/ethanol (95/5).

Intestinal calcium transport measurement. Rats were decapitated and blood was collected. Their duodena were removed immediately after decapitation and used for the measurement of calcium transport activity as described by Martin and DeLuca (11).

Serum calcium and inorganic phosphorus determination. Blood was centrifuged to yield serum. The calcium concentration was measured in the presence of 0.1% lanthanum chloride by means of a Perkin-Elmer atomic absorption spectrometer (Model 403). Inorganic phosphorus was determined by the method of Chen *et al.* (12).

Antirachitic activity measurement. The radii and ulnae of rats fed the high-calcium-low-phosphorus diet were removed,

cleaned of adhering tissue, split lengthwise, and stained in 1.5% silver nitrate as described in the U.S. Pharmacopoeia (13).

Statistical evaluation. This was calculated by Student's *t* test.

Determination of biopotency. The method outlined previously (14, 15) using a daily graded dosage regime for 7 days was followed. The rats were killed and the parameter in question was measured within 12 hr of the last dose. The amount of compound required to give equivalent target organ activity was used as the basis for comparison.

Results. The data shown in Tables I through III are biological responses of rats to a single almost saturating dose of either 1,24-(OH)₂D₃ or 1,25-(OH)₂D₃ administered intrajugularly. As shown in Table I, a single dose of 65 pmole of either compound in question stimulated intestinal calcium transport significantly as early as 6 hr post-administration though the 24-hydroxy isomers showed lower activity. The *S* isomer appears less active than the *R* isomer. At 168 hr the activity of the 1,24-(OH)₂D₃ compounds had disappeared in contrast to that of 1,25-(OH)₂D₃. The data in Table

TABLE I. INTESTINAL CALCIUM TRANSPORT IN RESPONSE TO A SINGLE DOSE OF 1,25-(OH)₂D₃, 1,24(*R*)-(OH)₂D₃, OR 1,24(*S*)-(OH)₂D₃

Compound given	⁴⁵ Ca serosal/ ⁴⁵ Ca mucosal		
	6 hr	24 hr	168 hr
Control	1.5 ± 0.5 ^{*..a}	1.9 ± 0.3 ^a	1.5 ± 0.2 ^a
1,25-(OH) ₂ D ₃	5.6 ± 0.8 ^b	4.0 ± 0.2 ^b	2.7 ± 0.5 ^b
1,24(<i>R</i>)-(OH) ₂ D ₃	3.9 ± 0.6 ^c	3.3 ± 0.4 ^b	1.9 ± 0.2 ^c
1,24(<i>S</i>)-(OH) ₂ D ₃	2.6 ± 0.5 ^d	3.5 ± 0.4 ^b	1.7 ± 0.4 ^d
Significance of difference	<i>b, c</i> from <i>a</i> <i>P</i> < 0.001 <i>d</i> from <i>a</i> <i>P</i> < 0.01 <i>b</i> from <i>c</i> <i>P</i> < 0.01 <i>b</i> from <i>d</i> <i>P</i> < 0.001 <i>c</i> from <i>d</i> <i>P</i> < 0.005	<i>b</i> from <i>a</i> <i>P</i> < 0.001	<i>b</i> from <i>a</i> <i>P</i> < 0.001 <i>c</i> from <i>a</i> <i>P</i> < 0.01 <i>d</i> from <i>a</i> NS

* Standard deviation from the mean. Rats were fed a low-calcium, vitamin D-deficient diet for 3 weeks. They were then given 65 pmole of either 1,25-(OH)₂D₃, 1,24(*R*)-(OH)₂D₃, or 1,24(*S*)-(OH)₂D₃ dissolved in 0.05 ml ethanol intrajugularly. Rats in control group were given ethanol. Intestinal calcium transport activity was measured either 6, 24, or 168 hr after a single dose as described in text. Each group has five or six rats.

TABLE II. INCREASE IN SERUM CALCIUM IN RATS ON A LOW-CALCIUM DIET IN RESPONSE TO A SINGLE DOSE OF 1,25-(OH)₂D₃, 1,24(R)-(OH)₂D₃ OR 1,24(S)-(OH)₂D₃

Compound given	Serum calcium (mg/100 ml)	
	24 hr	120 hr
Control	4.2 ± 0.1 ^{*a}	3.9 ± 0.2 ^a
1,25-(OH) ₂ D ₃	5.7 ± 0.1 ^b	4.3 ± 0.2 ^b
1,24(R)-(OH) ₂ D ₃	4.9 ± 0.2 ^c	4.3 ± 0.2 ^b
1,24(S)-(OH) ₂ D ₃	4.7 ± 0.1 ^d	4.1 ± 0.2 ^b
Significance of difference	<i>b, c, d</i> from <i>a</i> <i>P</i> < 0.001 <i>c, d</i> from <i>b</i> <i>P</i> < 0.001 <i>d</i> from <i>c</i> NS	<i>b</i> from <i>a</i> NS

* Standard deviation from the mean. Rats were fed a low-calcium, vitamin D-deficient diet for 3 weeks. They were then given 650 pmole of either 1,25-(OH)₂D₃, 1,24(R)-(OH)₂D₃, or 1,24(S)-(OH)₂D₃ dissolved in 0.05 ml ethanol intrajugularly. Rats in control group received ethanol vehicle. Twenty-four or 120 hr after a single dose of either compound, they were killed and blood was collected. Blood was centrifuged to yield serum. The serum calcium concentration was determined as described in the text. Each group had five rats.

I for 1,25-(OH)₂D₃ are in agreement with the previous observation that the stimulation of intestinal calcium transport by a single dose of 1,25-(OH)₂D₃ is highest at 6–7 hr after the dose, then subsides but to a level which is significantly higher than control (16) and sustained at that level for more than a week (15). However, the 1,24-(OH)₂D₃ compounds had a shorter duration of action. Thus to estimate biological potency this property must be kept in mind. Table II shows bone calcium mobilization obtained by administration of either com-

ound at a dose level of 650 pmole, 24 hr prior to sacrifice. A rise in serum calcium in rats fed a low-calcium diet reflects mobilization of calcium from bone since absorption of calcium by intestine from the diet is negligible. All compounds show significant stimulation at 24 hr postadministration, though the 1,24-(OH)₂D₃ compounds appeared less active. The response to all three compounds had diminished by 120 hr after the injection.

The response of intestinal calcium transport and the elevation of serum inorganic

TABLE III. INCREASE OF INTESTINAL CALCIUM TRANSPORT AND SERUM INORGANIC PHOSPHORUS IN RESPONSE TO A SINGLE DOSE OF 1,25-(OH)₂D₃, 1,24(R)-(OH)₂D₃, OR 1,24(S)-(OH)₂D₃

Compound given	Intestinal Ca transport (⁴⁵ Ca serosal/ ⁴⁵ Ca mucosal)	Serum inorganic phosphorus (mg/100 ml)
Control	1.9 ± 0.2 ^{*a}	1.9 ± 0.3 ^a
1,25-(OH) ₂ D ₃	3.6 ± 0.4 ^b	4.8 ± 0.5 ^b
1,24(R)-(OH) ₂ D ₃	3.4 ± 0.8 ^c	4.3 ± 0.3 ^c
1,24(S)-(OH) ₂ D ₃	3.2 ± 0.9 ^d	4.0 ± 0.2 ^d
Significance of difference	<i>b</i> from <i>a</i> , <i>P</i> < 0.001 <i>c</i> from <i>a</i> , <i>P</i> < 0.005 <i>d</i> from <i>a</i> , <i>P</i> < 0.025 <i>c, d</i> from <i>b</i> , NS	<i>b, c, d</i> from <i>a</i> , <i>P</i> < 0.001 <i>b</i> from <i>c</i> , <i>P</i> < 0.05 <i>b</i> from <i>d</i> , <i>P</i> < 0.005 <i>c</i> from <i>d</i> , <i>P</i> < 0.025

* Standard deviation from the mean. Rats were fed high-calcium–low-phosphorus, vitamin D-deficient diet for 3 weeks. They were then given 650 pmole of either 1,25-(OH)₂D₃, 1,24(R)-(OH)₂D₃, or 1,24(S)-(OH)₂D₃ dissolved in 0.05 ml ethanol intrajugularly. Rats in the control group received the vehicle only. Twenty hours after the administration of either compound, rats were killed and intestinal calcium transport and elevation of serum inorganic phosphorus were measured as described in the text. Each group had five or six rats.

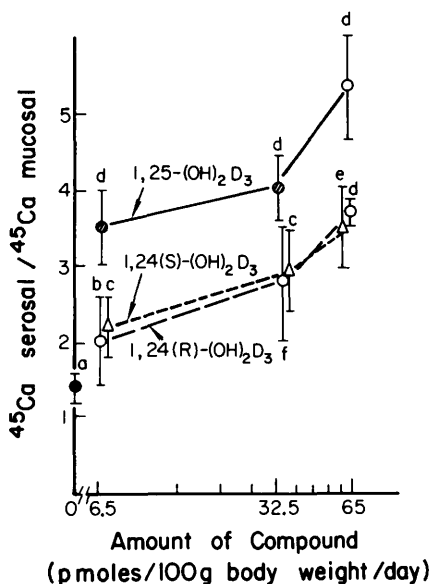


FIG. 1. Intestinal calcium transport of rats given a daily dose of 1,25-(OH)₂D₃, 1,24(R)-(OH)₂D₃, or 1,24(S)-(OH)₂D₃. The rats had been fed a low-calcium diet for 3 weeks and were given subcutaneously either 1,25-(OH)₂D₃, 1,24(R)-(OH)₂D₃, or 1,24(S)-(OH)₂D₃ dissolved in propylene glycol/ethanol (95/5, v/v) daily for 7 days. Rats in the control group received the vehicle in the same manner. Twenty-four hours after the last dose, rats were killed and their duodena were removed to measure intestinal calcium transport as described in the text. Each point represents the mean of values from five or six rats in a group, while the vertical bars at the point represent standard deviation from the mean. Significance of difference: a from b, NS; a from c, $P < 0.005$; a from d, $P < 0.001$; a from e, $P < 0.0025$; a from f, $P < 0.01$.

phosphorus of rats on a low-phosphorus rachitogenic diet is shown in Table III. All compounds produced a marked response. 1,25-(OH)₂D₃ appeared to produce a greater elevation in serum phosphorus.

In order to compare the biopotency of the isomers with that of 1,25-(OH)₂D₃ or with 1 α -OH-D₃ the compounds were given each day in small doses for one week and a variety of parameters known to be responsive to vitamin D were measured before the effect of the last dose of the shortest acting compound could diminish. Figure 1 shows the intestinal calcium transport activity supported by daily dosing with 1,25-(OH)₂D₃, 1,24(R)-(OH)₂D₃, or 1,24(S)-(OH)₂D₃. It appears that the 24 isomers are

barely active at low levels though marked stimulation is observed at higher dose levels. In contrast, the response to 1,25-(OH)₂D₃ is very significant even at the lowest level of the dosage tested. Since 65 pmole of the 1,24-(OH)₂D₃ compounds were required to produce a response almost equal to that produced by 6.5 pmole 1,25-(OH)₂D₃, it appears that 1,25-(OH)₂D₃ is 10 times more effective than 1,24-(OH)₂D₃ in the stimulation of intestinal calcium transport. The bone calcium mobilization activity of 1,25-(OH)₂D₃ and 1,24-(OH)₂D₃ compounds are compared in Fig. 2. All compounds in question increased serum calcium levels significantly at all dose levels; however, the same level of activity is given by 6.5 pmole of 1,25-(OH)₂D₃ and 65 pmole 1,24(OH)₂D₃. Similarly, 1,25-(OH)₂D₃ is 10 times more active in increasing serum inorganic phosphorus than are the 1,24-(OH)₂D₃ compounds (Fig. 3). Figure 4 illustrates that 1,25-(OH)₂D₃ gives 4 units of antirachitic activity/32.5 pmole while 1 α -OH-D₃ gave 2.5 units/32.0 pmole and 1,24(R)-(OH)₂D₃

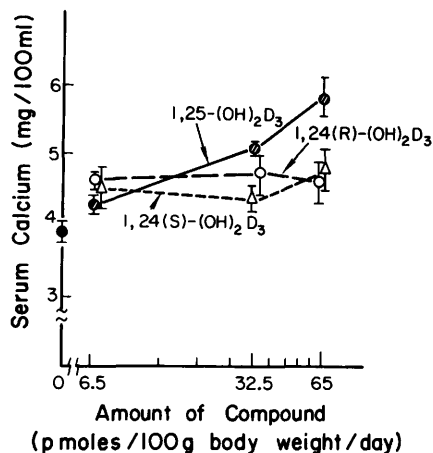


FIG. 2. Serum calcium concentration of rats given a daily dose of 1,25-(OH)₂D₃, 1,24(R)-(OH)₂D₃, or 1,24(S)-(OH)₂D₃. The rats were prepared and administered either compound as described in Fig. 1. Twenty-four hours after the last dose, they were killed and blood was collected. Serum calcium was determined as described in the text. Each point represents the mean of values from five or six rats in a group, while the vertical bars represent standard deviation from the mean. All points obtained by administration of any compound are significantly different from control level (0 dosage) $P < 0.001$.

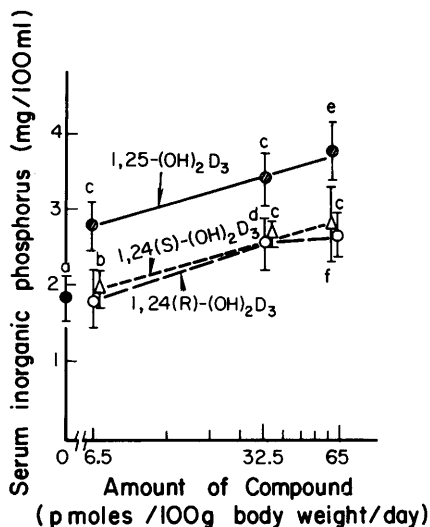


FIG. 3. Serum inorganic phosphorus concentration of rats given a daily dose of 1,25-(OH)₂D₃, 1,24(R)-(OH)₂D₃, or 1,24(S)-(OH)₂D₃. The rats which had been fed high-calcium-low-phosphorus, vitamin D-deficient diet for 3 weeks were given either compound as described in Fig. 1. Twenty-four hours after the last dose, rats were killed and their blood was collected. Inorganic phosphorus was determined on serum. Each point represents the mean of values from five or six rats in a group, while the vertical bars at the points represent standard deviation from the mean. Significance of difference: a from b, NS; a from c, $P < 0.005$; a from d, $P < 0.01$; a from e, $P < 0.001$; a from f, $P < 0.025$.

gave 1.5 units/32.5 pmole. The *S* isomer has little or no activity in this system at the dosage given.

Discussion. The present report demonstrates that 1,24(R)-(OH)₂D₃ and 1,24(S)-(OH)₂D₃ have significant biological activity in vitamin D-deficient rats, but they are considerably less active than 1,25-(OH)₂D₃ (10 times). This is not surprising since 1,24-(OH)₂D₃ would be expected to be metabolized to 1,24,25-(OH)₃D₃ (17,18) that is in turn about 1/10th as active as 1,25-(OH)₂D₃. Since 1 α -OH-D₃ is metabolized to 1,25-(OH)₂D₃ (3) its biological activity is expected to be high. From previous work it seems that 1 α -OH-D₃ is about one-half as active as 1,25-(OH)₂D₃ in rats (15), chicks (19), and man (20). The present data agree with these previous results, namely 1 α -OH-D₃ is one-half as active as 1,25-(OH)₂D₃ in antirachitic activity (Fig. 4). 1 α -OH-D₃

certainly appeared more active than 1,24-(OH)₂D₃ in antirachitic activity (Fig. 4). By inference from the literature (4, 19, 20) it would appear that 1 α -OH-D₃ is at least two times more active than 1,24(R)-(OH)₂D₃ in all systems measured. This would appear to be inconsistent with a previous claim that the two compounds are equal in biological activity (6, 7). Our results do not support that conclusion but we do agree that 1,24(R)-(OH)₂D₃ is a potent 1,25-(OH)₂D₃ analog.

We did not compare toxicity of 1 α -OH-D₃ and the 1,24-(OH)₂D₃ analogs but if 1,24-(OH)₂D₃ compounds are less active than 1 α -OH-D₃, lower toxicity would be expected.

The two 1,24-(OH)₂D₃ isomers were found approximately equal in biological activity except in antirachitic activity where 1,24(S)-(OH)₂D₃ proved to be much less active. These results are similar to the finding that 1,24(R),25-(OH)₃D₃ and 1,24-

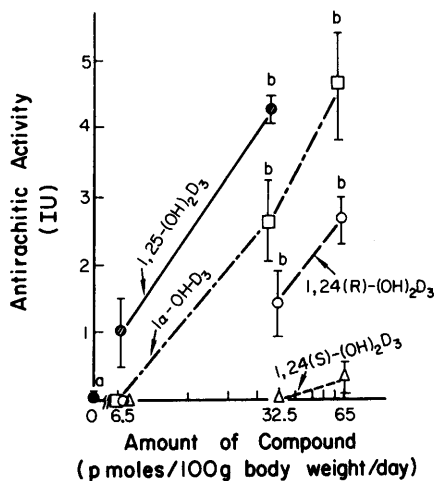


FIG. 4. Antirachitic activity of 1 α -OH-D₃, 1,25-(OH)₂D₃, 1,24(R)-(OH)₂D₃, or 1,24(S)-(OH)₂D₃. Rats were prepared as described in Fig. 3, and administered either compound as described in Fig. 1. Twenty-four hours after the last dose, they were killed and their radii and ulnae were removed to determine epiphyseal plate calcification as described in the test. Each point represents the mean of values from five or six rats in a group, while the vertical bars at the points represent standard deviation from the mean. Significance of difference: a from b, $P < 0.001$.

(*S*),25-(OH)₂D₃ are equal in biological activity (18). On the other hand, 24(*R*),25-dihydroxyvitamin D₃ (24(*R*),25-(OH)₂D₃) and 24(*S*),25-(OH)₂D₃ are distinctly different in biological activity (21). This results from the α -hydroxylase system being more active on the 24(*R*)-25-(OH)₂D₃ than on the 24(*S*),25-(OH)₂D₃.

It should be noted that the data in Tables I–III were obtained to learn of a possible difference in the time course of response and decay of the response to the different analogs. These data cannot be used to assess biological potency *except* to obtain a rough estimate. We chose chronic administration of graded doses for 7 days and parameters were measured such that the decay of the response is not a factor. Biopotency was estimated from the amount of compound required to give an equal level of target organ activity. Thus 10 times more 1,24(*R*)-(OH)₂D₃ than 1,25-(OH)₂D₃ was required to give identical calcium transport activity or bone calcium mobilization level.

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