

# Nongenomic Effect of Triiodothyronine on Cell Surface $\beta$ -Adrenoceptors in Cultured Embryonic Cardiac Myocytes (44103)

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**Abstract.** We studied the time course of cell surface  $\beta$ -adrenoceptors (BAR) in cardiomyocytes in response to a single triiodothyronine ( $T_3$ ) ( $10^{-8}$  M) stimulation. An early first increase of BAR density was observed within 2 hr (+10% versus control cells,  $p < 0.05$ ), and a plateau was maintained for 17–20 hr. This effect was followed by a much greater, late increase of BAR density, starting around 22 hr and lasting until 48 hr post  $T_3$  addition (+40% versus control cells;  $p < 0.05$ ). Since reverse  $T_3$  studied in the same conditions had no effect in this system, we concluded that this  $T_3$  effect was specific. We hypothesized that the early response might be nongenomic because the early effect of  $T_3$  was still observed in the presence of cycloheximide ( $2 \times 10^{-5}$  M) whereas the late increase was totally suppressed by the drug. The early response to  $T_3$  required intact microtubules, since colchicine ( $2 \times 10^{-5}$  M) was able to block the increase in the cell surface BAR number, but it did not involve a change in BAR distribution between external and internal sites, as the external to total BAR ratio remained stable. The measurement of the rate of BAR disappearance from the cell surface allowed us to hypothesize that  $T_3$  induced a modification of the turnover in cell surface BAR.

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Triiodothyronine ( $T_3$ ) acts mainly through its binding to specific nuclear receptors. It results in a change in protein synthesis, explained by the modification in gene transcription due to the binding of the  $T_3$ -nuclear receptor complex to the regulatory sequence of the genes. However, some studies have also proposed extranuclear targets for thyroid hormones, such as mitochondria,  $Ca^{2+}$ -ATPase, or glucose cell transporter (for a review, see Ref. 1).

Recently, we demonstrated that  $T_3$  could increase the  $\beta$ -adrenoceptor (BAR) density of chick embryonic cardiac myocytes in culture through a concentration-dependent, biphasic effect (2). The first phase of the effect was associated with a low  $T_3$   $EC_{50}$  (around  $10^{-13}$  M), while the second was observed with an  $EC_{50}$  of  $10^{-9}$

M, a value similar to the  $K_d$  of  $T_3$  for its nuclear receptor. We postulated that the first response could be the result of a nongenomic mechanism, whereas the second could more likely be the result of the usual genomic impact. Non-genomic effects are characterized by their rapidity and their insensitivity to the blocking of protein synthesis. Few authors have evoked the possibility of rapid  $T_3$  effects on BAR density. An early effect of  $T_3$  ( $10^{-9}$  M) and  $T_4$  ( $10^{-7}$  M) on cardiac BAR density was first described by Kempson *et al.* (3), who reported that thyroid hormones (TH) could increase the BAR number in rat cardiac slices in 2 hr. Since this early effect of TH was found to be insensitive to cycloheximide, they hypothesized that it involved a nongenomic mechanism. This early response to  $T_3$  and  $T_4$  was confirmed in the heart of hypothyroid rats, both *in vitro* and *in vivo*, by Chang *et al.* (4) and in the brain and submaxillary gland of mice by Viticchi *et al.* (5).

Moreover, other rapid cardiac effects of  $T_3$  have been reported, such as enhanced cardiac performance within 30 min (1), increased cardiac output and stroke volume (6), and enhanced calcium uptake within 4 min in a perfused heart model (7). Rapid effects of  $T_3$  have also been described in tissues other than the heart, by Segal (8).

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In the present study, we have evaluated the possibility of a nongenomic effect of  $T_3$  on BAR density in cardiac myocytes in culture. We report here the existence of a first and rapidly occurring effect, followed by a second, late effect, quantitatively more important. The first effect is not inhibited in presence of cycloheximide, which strongly suggests that  $T_3$  could increase the BAR density of cardiac myocytes in culture within 2–3 hr of  $T_3$  stimulation *via* a nongenomic effect. This increase requires intact microtubules but does not involve any modification of BAR distribution, as described for receptor resensitization (9). The mechanism of this  $T_3$  action probably involves a delay in the receptor spontaneous degradation. Preliminary results of this work have been presented previously (10).

## Materials and Methods

**Cell Culture and Treatments.** Monolayer cultures of chick embryonic ventricular beating cells were prepared as previously described (2). Briefly, 11-day-old chick embryonic hearts were removed, and the ventricular fragments were dissociated by repeated cycles of incubation with porcine pancreatic trypsin, 8.5 mg/100 ml (Biosys, Compiègne, France). The resulting suspension was adjusted to  $3 \times 10^5$  cells/ml in medium 199 with Hanks' salt (Eurobio, Paris, France) supplemented with 5% fetal calf serum (Gibco, Paris, France). Two milliliters of the suspension were placed in each well of six-well polystyrene culture plates. The cultures were incubated for 48 hr in a humidified 5%  $CO_2/95\%$  air atmosphere at  $37^\circ C$  to allow for cell attachment and recovery. After 48 hr in culture, the 5% fetal calf serum medium was replaced by an insulin-containing synthetic serum-replacement medium (SSR2; Medi-Cult, Copenhagen, Denmark) with  $10^{-8}$  M testosterone (Sigma, Paris, France). We did not detect protein or thyroid hormones in this synthetic medium, whereas we measured  $10^{-13}$  M free  $T_3$  in the 5% fetal calf serum medium. In contrast to the latter, this SSR2 medium prevented proliferation of the noncontractile fibroblasts. Under these conditions, more than 80% of the cells were able to contract when stimulated by an electric impulse and expressed desmin, a marker of muscular cells.

Cell membranes were prepared from cell lysate centrifugated (TRIS buffer, 10 mM) during 1 hr at 100 000g on a sucrose buffer and then washed two times with TRIS buffer.

$T_3$  (Sigma) and reverse  $T_3$  ( $rT_3$ ) were dissolved at  $10^{-2}$  M in 26 mM NaOH and stored at  $-20^\circ C$  in the dark. The stock solution was diluted with sterile distilled water to the required concentrations ( $10^{-8}$  M) before use. Cell treatment began 60 hr after the cell plating. Time course experiments were performed in such a way that all incubation times ended at the same time. This was made possible by the fact that the BAR number

remained stable for the 72 hr of incubation in the SSR2 medium.

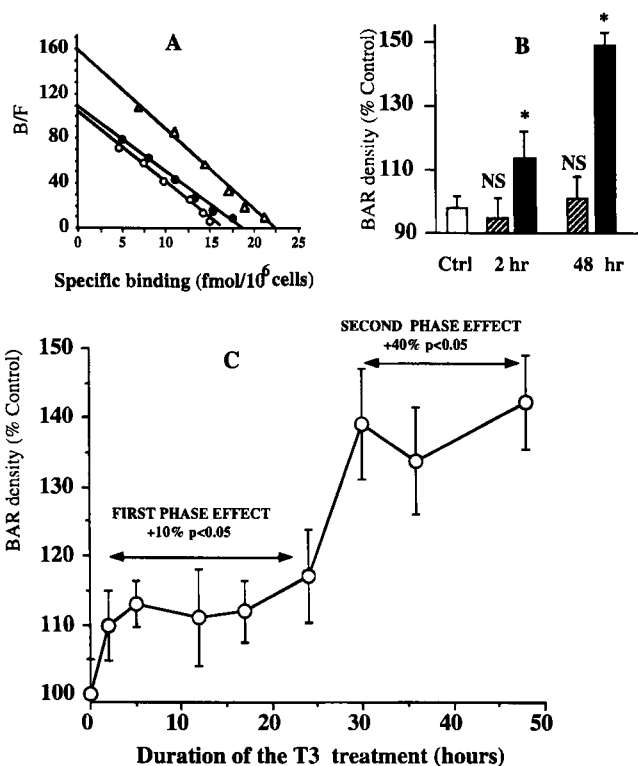
Cycloheximide (Sigma) was dissolved at  $2 \times 10^{-3}$  M in sterile distilled water and used at a final concentration of  $2 \times 10^{-5}$  M. To study the sensitivity of the  $T_3$  effect to protein synthesis inhibition, cycloheximide was administered either for 12 hr (short-term effect) or 48 hr (long-term effect). For the time course experiments, cycloheximide was administered for various times alone or simultaneously with  $T_3$ . Colchicine (Sigma) was dissolved at  $10^{-3}$  M in sterile distilled water, used at a final concentration of  $10^{-5}$  M, and was administered 4 hr before the  $T_3$  treatment.

**Determination of BAR Density.** Cell surface BAR was measured as already described (2) by using [ $^3H$ ]CGP 12177 [-]-4-[3-tertiary-butylamino-2-hydroxypropoxy]-[5,7- $^3H$ ]benzimidazol-2-one, 38 Ci/mmol; Amersham, Paris, France), a BAR antagonist that cannot cross the cell membrane because of its high hydrophilic polarity. After a 48-hr incubation with different concentrations of  $T_3$ , the cells were rinsed four times with cold ( $4^\circ C$ ) Hank's balanced salt solution containing  $2 \times 10^{-5}$  M HEPES and 0.1% bovine serum albumin, pH 7.4 (HESA). Binding was initiated by the addition of increasing concentrations (0.06–2 nM) of [ $^3H$ ]CGP 12,177 in 1 ml of HESA to the culture wells containing adherent cells. After 60 min of incubation at  $37^\circ C$ , the reaction was stopped by adding 2 ml of cold HESA to each well, and the cells were rapidly washed four times with 2 ml of cold HESA. The cells were solubilized with 1 ml 0.2 N NaOH, and the radioactivity of the solution was determined in a scintillation counter (Beckman, Paris, France). Nonspecific binding was defined as the amount of radioactivity remaining in the presence of  $2 \times 10^{-6}$  M ( $\pm$ )-propranolol, and it accounted for 5%–20% of the total binding. Binding affinity and density were calculated by Scatchard analysis.  $B_{max}$  was expressed as the number of sites per cell, and  $K_d$  was given as nanomolar.

Total cellular BAR was measured on cell membranes and on intact cells with [ $^{125}I$ ]iodocyanopindolol (0–200 pM), a lipophilic compound that can cross the cell membrane and therefore binds to cell surface and intracellular receptors. Nonspecific binding was defined as above.

We also used [ $^{125}I$ ]iodocyanopindolol to quantify the cell surface versus total BAR ratio. For that, we compared binding of [ $^{125}I$ ]iodocyanopindolol in presence of ( $\pm$ )-propranolol ( $2 \times 10^{-6}$  M), a lipophilic compound that competed with total cell sites density, and in presence of cold CGP 12177 ( $5 \times 10^{-7}$  M), an hydrophilic compound that competed with [ $^{125}I$ ]iodocyanopindolol for specific plasma membrane sites only.

**Statistical Analysis.** Data are presented as the mean  $\pm$  SD or mean  $\pm$  SEM, as reported in the results. One-way analysis of variance followed by the Scheffe's



**Figure 1.** Time course effect of  $T_3$  on cell surface BAR in cultured embryonic cardiac myocytes. (A) Typical scatchard plots obtained with control (○) and with  $T_3$  ( $10^{-8}$  M) administered for 2 hr (●) or 48 hr (△).  $T_3$  increases the binding site concentration without altering the dissociation constant ( $K_d = 0.16, 0.17,$  and  $0.14$  nM; and  $B_{max} = 16.14, 18.40,$  and  $22.18$  fmol/ $10^6$  cells, for control,  $T_3 = 2$  hr, and  $T_3 = 48$  hr, respectively). (B) Comparison of the early and late effects of  $T_3$  (□) and  $rT_3$  (▨). □, control value. Values are the mean  $\pm$  SEM of three experiments performed in triplicate. (C) Illustration of the first- and second-phase effect of  $T_3$ . Cardiomyocytes were incubated with  $10^{-8}$  M  $T_3$  from 0 (control) to 48 hr. The number of receptors was expressed as percentage of the control value. Control cells expressed 18.4 fmol/ $10^6$  cell. The effect of  $T_3$  was significant ( $P < 0.05$ ) 2 hr after  $T_3$  addition and remained stable until 20 hr (first-phase effect). A second effect significantly different from the first-phase response was observed between 24 and 48 hr after  $T_3$  addition. Values are the mean  $\pm$  SEM of three to five experiments performed in triplicate.

test was used to compare the means of the different parameters of each group. A two-tailed test  $P$  value of less than 0.05 was considered to reflect a statistically significant difference.

## Results

**Time Course Evolution of Cell Surface BAR Cardiomyocytes in Response to  $T_3$  Stimulation.** A single concentration of  $T_3$   $10^{-8}$  M was added to the culture medium, and the density of BAR on cardiomyocytes was measured at various times up to 48 hr after  $T_3$  addition.  $T_3$  did not modify BAR affinity for [ $^3$ H]CGP 12177 (Fig. 1A). As illustrated by Figure 1C, this  $T_3$  effect was biphasic.  $T_3$  induced an increase of BAR density within 2 hr (+10% versus control at 2 hr;  $P < 0.05$ ), and this level remained stable until 17 hr. This

effect was defined as the first-phase effect. After 24 hr of incubation,  $T_3$  induced a more important effect (+40% versus control at 48 hr;  $P < 0.05$ ), defined as the second-phase, late effect of  $T_3$ . The early, first-phase effect represented about 30% of the total effect of  $T_3$ . Moreover,  $rT_3$  had no effect on BAR density after either 5 or 48 hr of incubation (Fig. 1B).

**Sensitivity to Cycloheximide of the First- and Second-Phase Effect of  $T_3$ .** The BAR kinetics on cardiomyocytes in response to  $T_3$  was measured in the presence of cycloheximide ( $2 \times 10^{-5}$  M) in the culture medium. Cycloheximide altered neither the cell number nor viability. We verified that the cells remained viable and able to express spontaneous contractility even after 5 days of contact with cycloheximide where the cells were very hypotrophied.

In a first set of experiments,  $T_3$  was administered simultaneously with cycloheximide for either 2 or 48 hr in order to compare the sensitivity of the two effects of  $T_3$  to cycloheximide (Table I). We observed that  $T_3$  could induce the same significant increase in BAR in 2 hr, even in the presence of cycloheximide. This result demonstrated that the first-phase effect of  $T_3$  was insensitive to the inhibition of protein synthesis. On the contrary, the late effect of  $T_3$  was completely abolished in the presence of cycloheximide.

We also studied the occurrence of the first-phase effect of  $T_3$  on cells treated with cycloheximide for 12 hr. Figure 2 shows that the early effect of  $T_3$  could be observed in these cycloheximide-treated cells. When the cells were treated with cycloheximide for 48 hr, this early effect could no longer be detected.

### Effect of Colchicine on the Early BAR Increase in Response to $T_3$ Stimulation of Cardiomyocytes.

Cells were treated with colchicine 4 hr before  $T_3$  administration. The results illustrated in Figure 3 show that  $T_3$  was unable to increase cell surface BAR on cardiac cells in the presence of colchicine  $2 \times 10^{-5}$  M. This finding suggested that the primary response of  $T_3$  required intact microtubules. As the first-phase effect of  $T_3$  was protein synthesis independent and needed intact microtubules, we hypothesized that this early effect of  $T_3$  might involve a modification of the BAR cell repartition without any modification of the total BAR number.

**Early and Late Effects of  $T_3$  on Total BAR Number and Cell Distribution.** To verify this hypothesis we tested the early and late effects of  $T_3$  on total BAR number and cellular repartition by using [ $^{125}$ I]iodocyanopindolol, as described in Materials and Methods, on either intact cells or cell membranes. Contrary to what we expected,  $T_3$  increased the total BAR number (Table II) and did not modify the external-to-total BAR ratio (Fig. 4). The increase in cell surface BAR was therefore the consequence of the rise of total (external and internal) BAR.

**Table I.** Compared Sensitivity to Cycloheximide of the Early and the Late Effect of T<sub>3</sub> on BAR Density

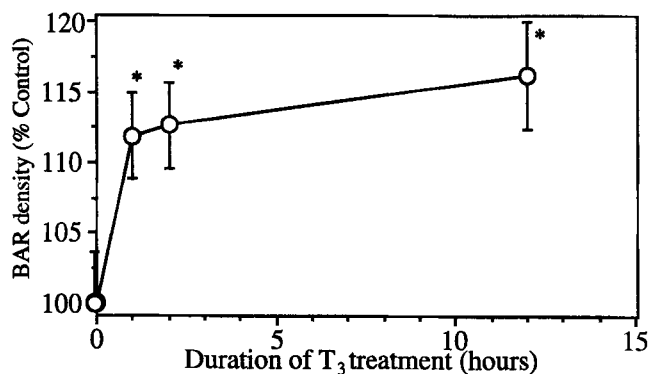
	T <sub>3</sub> treatment				
	None	2 hr	None	2 hr	48 hr
Cycloheximide	2 hr	2 hr	48 hr	48 hr	48 hr
B <sub>max</sub>	17.36 ± 1.56	21.71 ± 1.16 <sup>a</sup>	10.11 ± 2.6	9.80 ± 2.0	7.32 ± 1.94 <sup>b</sup>
K <sub>d</sub>	0.11 ± 0.052	0.11 ± 0.023	0.13 ± 0.060	0.13 ± 0.062	0.16 ± 0.032

Note. Cycloheximide ( $2 \times 10^{-5} M$ ) was administered simultaneously with T<sub>3</sub>. Data are the mean ± SEM of three experiments made in triplicate.

<sup>a</sup>Significantly different from control value defined as cycloheximide 2 hr without T<sub>3</sub>.

<sup>b</sup>Significantly different from control value defined as cycloheximide 48 hr without T<sub>3</sub>.

**Effect of T<sub>3</sub> on the Apparent Rate of Disappearance of BAR from the Cell Surface of Cardiomyocytes.** Since BAR is a protein membrane receptor, we studied its availability at the surface of the cells while the protein synthesis was blocked. To do so, we monitored BAR density as a function of time in control cells and in cells treated with cycloheximide ( $2 \times 10^{-5} M$ ) for a 48-hr period. Figure 5 shows the progressive decrease in cell surface BAR density on cycloheximide-treated cardiomyocytes. This experimental system could adequately be described by the following monoexponential equation:  $Y = Ae^{-kt}$ , where  $Y$  was BAR density,  $A$  was the initial cell surface BAR Number ( $A = 12,097$  sites/cell),  $t$  was the time (hr), and  $k$  ( $k = 0.0213$ ) was the apparent rate constant of BAR disappearance from the surface of the cell. According to this model, the cell had to bring to the surface an average of 250 sites/hr in order to maintain a steady-state density. When the cells were treated simultaneously with T<sub>3</sub> and cycloheximide, the rate of disappearance of BAR from the cell surface was modified. As illustrated in Figure 5, T<sub>3</sub> was able to inhibit the degradation of BAR over the first 4–5 hr of treatment. This inhibition effect disappeared progressively after this period.

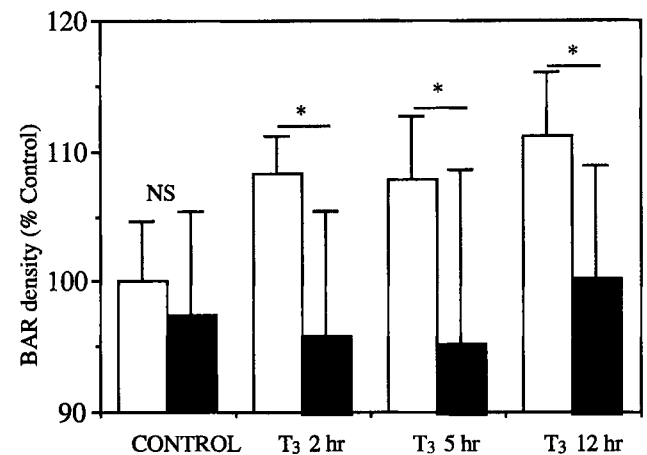


**Figure 2.** Time course effect of T<sub>3</sub> ( $10^{-8} M$ ) on cell surface BAR number on cells treated during 12 hr with cycloheximide ( $2 \times 10^{-5} M$ ). A significant effect was observed for all the tested times of T<sub>3</sub> treatment. The number of receptors is expressed as percentage of the control value. Mean ± SEM was obtained from three experiments run with six replicates for each time.

## Discussion

This study confirmed our preliminary finding (2) that T<sub>3</sub> ( $10^{-8} M$ ) had two quantitatively different effects on the density of cell surface BAR in chick embryonic cardiac myocytes cultured in a protein-free medium, conditions under which the initial T<sub>3</sub> concentration would not be altered by proteins. An early effect could be observed within the first hours of exposure to T<sub>3</sub> and led to an increase in cell surface BAR density which is one third of the total effect. A second, late effect took place after 12–15 hr of treatment and gave rise to a stronger increase.

It has been reported that T<sub>3</sub> and T<sub>4</sub> used at high concentrations modify the physical properties of plasma membrane by binding very rapidly to the lipid bilayer in a nonspecific way, thus altering the accessibility of ligands to the membrane receptors (11). T<sub>3</sub> is the most potent thyroid hormone, T<sub>4</sub> being considered a prohormone. In our model, we only used T<sub>3</sub> in order to avoid a possible interference resulting from T<sub>4</sub> to T<sub>3</sub> conversion, which occurs in most tissue, including heart (12). However, to test the specificity of the observed effect, we



**Figure 3.** Comparative effect of T<sub>3</sub> ( $10^{-8} M$ ) administered alone (□) or after colchicine pretreatment (■) on the number of cell surface BAR. This number is expressed as a percentage of the control value. T<sub>3</sub> has lost its ability to increase the density of cell surface BAR when cells were pretreated with colchicine ( $2 \times 10^{-5} M$ ). Values are the mean ± SD ( $n = 6$ ). \*  $P < 0.05$ . Two separate experiments giving similar results were run.

**Table II.** Early and Late Effects of  $T_3$  on Total BAR Number

	Whole cells			Membranes (100,000 g)		
	Control	Early $T_3$ effect	Late $T_3$ effect	Control	Early $T_3$ effect	Late $T_3$ effect
$B_{max}^a$	16.99 ± 4.34	23.70 ± 2.94 <sup>b</sup>	33.95 ± 1.36 <sup>b</sup>	111.2 ± 10.1	139.9 ± 7.1 <sup>c</sup>	150.2 ± 9.8 <sup>c</sup>
$K_d$ (nM)	3.45 ± 1.0	4.6 ± 1.0	5.7 ± 0.9	18.2 ± 5.4	24.4 ± 3.3	20.5 ± 4.2

Note. Early and late effects of  $T_3$  on total BAR number determined on whole cells and on membranes prepared as described in material and method. Data are the mean of three experiments made in triplicate.

<sup>a</sup> $B_{max}$  is expressed as fmol/10<sup>6</sup> cells (whole cells) or fmol/mg proteins (membranes).

<sup>b</sup>Significantly different from whole cells control value.

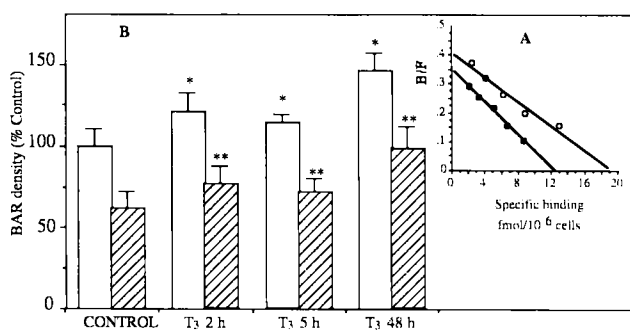
<sup>c</sup>Significantly different from membranes control value.

added some experiments with  $rT_3$  as control. Indeed,  $rT_3$  had no effect on BAR density. This stereospecificity of  $T_3$  has already been demonstrated by Kempson (3), who reported that  $LT_3$ , but not  $DT_3$ , was able to increase rapidly BAR density in rat heart slices. These results are also in agreement with those obtained *in vivo* by Szymanski (13), who reported that  $T_3$  (after 24 hr) and  $T_4$  (after 48 hr), but not  $rT_3$ , were able to increase BAR in the rat heart.

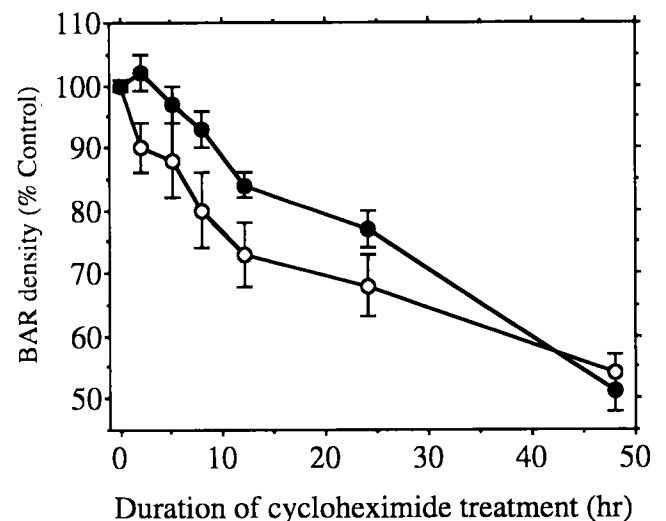
With cycloheximide, it was possible to demonstrate that the early increase in cell surface BAR number on cardiomyocytes in response to  $T_3$  stimulation was not affected by this inhibitor of protein synthesis when administered for 2 and 12 hr, as already demonstrated by Kempson (3). This observation strongly supports the possibility of a nongenomic effect of  $T_3$  on the early enhancement of BAR density of cardiomyocytes in culture. Conversely, both the early and the late responses to  $T_3$  were markedly inhibited by cycloheximide administered for 48 hr). Cycloheximide is known to inhibit protein synthesis at concentrations ranging from 0.4 to  $40 \times 10^{-5}$  M. Since, in our conditions, cycloheximide

decreased cell size and protein content (data not shown), without modifying the cell number, we can infer that protein synthesis was fully inhibited. Consequently, the early effect is independent of protein synthesis and likely requires the presence of a target whose resident life time is less than 48 hr. On the other hand, the late effect of  $T_3$  appears to be the expression of the usual genomic effect of thyroid hormones.

To study the role of microtubules in the early effect of  $T_3$  on BAR density, we used colchicine, which is known to inhibit microtubule polymerization and functions, such as intracellular trafficking. We have shown that this cell response to  $T_3$  required intact microtubules. But the hypothesis that  $T_3$  might interfere with the BAR intracellular trafficking was not confirmed by our study of BAR cell repartition. Since the  $T_3$ -induced increase we observed implied neither protein synthesis enhancement nor modification of BAR cell repartition, we have tested the alternative explanation that  $T_3$  might slow down the degradation of BAR. In fact,  $T_3$  was able to maintain the availability of BAR at the surface of the



**Figure 4.** Effect of  $T_3$  on BAR cell distribution. (A) Typical scatchard plots obtained with [<sup>125</sup>I]iodocyanopindolol and using either propranolol or CGP 12177 for the determination of nonspecific binding as described in Material and Methods. ○, total sites; ●, external sites. (B) Effect of various incubation durations with  $T_3$  ( $10^{-8}$  M) on total (□) and cell surface (▨) BAR on cultured cardiac cells. Results are expressed as a percentage of the BAR density obtained for the control value (mean of five determinations).  $T_3$  was able to induce the same significant increase for total and cell surface BAR, consequently the external-to-total receptor ratio remained stable, being 62% ± 10%, 63 ± 11%, 63% ± 8%, and 67% ± 14%, for control,  $T_3$  = 2 hr, 5 hr, and 48 hr respectively. \* $P$  < 0.05 (versus total control); \*\* $P$  < 0.05 (versus cell surface control).



**Figure 5.** Comparison of the effects of cycloheximide ( $2 \times 10^{-5}$  M) administered alone (○) or simultaneously with  $T_3$   $10^{-8}$  M (●) on cell surface BAR density. The numbers of receptors was expressed as a percentage of the control value and are the mean ± SD of six determinations. Similar results were obtained in three separate experiments.

cardiomyocytes by reducing its apparent rate of disappearance without changing the distribution of the receptors between external and internal sites. To our knowledge, this effect of  $T_3$  on BAR had never been described before.

The stimulatory effect of  $T_3$  on cardiac BAR density is very well documented. However, most studies consider the long-term effects of  $T_3$ , either *in vivo* in animal models (14) or *in vitro* in various tissue systems (15, 16). The mechanism of action by which  $T_3$  exerts its rapid effects on BAR remains to be elucidated. Under basal conditions in intact cells, an equilibrium exists between external membrane BAR, detectable by hydrophilic ligands, and internal BAR, detectable by hydrophobic ligands. After agonist stimulation, some receptors are internalized, and the recycling of these receptors to the cell surface may contribute to their recovery. It has been hypothesized (17) that microtubules may play a critical role in the trafficking of intracellular vesicles to their eventual docking sites in the cell membrane. This need for intact microtubules is well documented for the recovery of different membrane receptors. Limas and Limas (18) demonstrated that the recovery of BAR number following a short preincubation with isoprenaline needed intact microtubules. Colchicine ( $10^{-5}$  to  $10^{-4}$  M) was shown to interfere with elements of the cytoskeleton and to alter phosphorylation, which led to poor recovery of acetylcholine receptors in the membrane of snake costocutaneous muscle fibers (19). Recently, it has been proposed that BAR might be anchored to the cytoskeleton by their carboxy terminal region (20), thus affording a basis for the inhibitory effect of colchicine on BAR regulation. An example of a direct effect of thyroid hormones on a membrane-bound protein was given by Leonard *et al.* (21), who studied the regulation of type II 5'-deiodinase (5'D-II) in cultured rat glial cells.  $T_4$  is the natural substrate of this 5'D-II, and these authors demonstrated that the biological half-life of the enzyme was  $T_4$  dependent and that this regulation was mediated by an energy-dependent process requiring an intact actin cytoskeleton. Later, the same authors better characterized this effect by showing that  $T_4$  could markedly increase the turnover of 5'D-II by promoting its binding to F-actin, which led to the internalization of this complex and its trafficking toward an endosomal pool (22). As such, this regulation shows some similarities to our results, even if in that particular case thyroid hormone decreased the turnover of membrane component and implicate microfilament network.

The fact that in our model the early effect of  $T_3$  was inhibited by colchicine suggested that this  $T_3$  effect involved a modification of BAR distribution. To verify this hypothesis, we studied the early effect of  $T_3$  on the total cell BAR number and distribution. We found that the early effect of  $T_3$  involved an increase in total cell

number without affecting the ratio of external-to-total BAR sites. Our initial hypothesis was therefore not confirmed. It should be however noted that an *in vivo* study demonstrated that hyperthyroidism could induce an enlargement of the cardiac membrane-receptor compartment but not of the intracellular vesicular compartment (23). However, this effect was observed after 6 days of thyroid hormone administration, a lapse of time much longer than the few hours of our study. Moreover, the possible responses of the whole heart *in vivo* to  $T_3$  are probably multifactorial, making it difficult to extrapolate to the possible *in vitro* response of cultured myocytes.

Another possibility is a direct effect of  $T_3$  on the metabolism or the stability of BAR. It is widely accepted that adrenergic receptors have a slow turnover rate (24). In the presence of  $T_3$ , this apparent rate constant was slowed within the first hours of  $T_3$  treatment but not after longer periods of time (30–48 hr). This protective effect on membrane BAR, observed rapidly after  $T_3$  administration, is in accordance with recent hypothesis proposed by Canavan *et al.* (25). These authors studied the influence of thyroid hormones on the growth of heart atria and ventricles in immature rats and reported that hyperthyroidism could both increase the rate of protein synthesis and decrease the rate of protein degradation. It is important to stress the fact that thyroid hormones' effects on the heart are very specific and opposite to what is usually described in other organs in terms of protein degradation. The early increase in BAR cell surface density induced by  $T_3$  results therefore from an increase in the stability of BAR. The mechanism of this effect is unknown but might involve post-translational modifications. It has been described that  $T_3$  might bind to p55, a protein which is a subunit of the protein disulfide isomerase involved in post-translational modification of secretory and membrane-associated proteins and might as such be a key component in the early effect of  $T_3$  (26).

In conclusion, the nongenomic  $T_3$  effect on membrane BAR density in cardiac cells we described here might contribute *in vivo* to the acute cardiac inotropic effects of  $T_3$ , together with the increased influx of calcium, glucose, and amino acids, as previously reported. It could constitute the basis of further research on the genomic and nongenomic mechanisms of action of  $T_3$  on the heart as a model for the development of new inotropic agents.

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