Differential Modulation of Human (Caco-2) Colon Cancer Cell Line Phenotype by Short Chain Fatty Acids (44261)

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> Abstract. Fermentation of dietary fiber within the colonic lumen yields short chain fatty acids (SCFA) such as butyrate, which may modulate colonic mucosal biology and inhibit the development of a malignant phenotype. However, different fibers yield varying proportions of various SCFA. We studied the effects of the three most common SCFA, acetate, butyrate, and propionate, on the proliferation, adhesion, and motility of the human intestinal Caco-2 cell line, as well as the effects of these SCFA on alkaline phosphatase and dipeptidyl dipeptidase specific activity (common laboratory markers of differentiation). In addition, we examined the modulation of c-myc protein and the tyrosine phosphorylation of cellular proteins by these SCFA in order to determine whether the variations in the potency of these three SCFA for phenotypic change extended to variations in effects on intracellular signaling and protooncogene expression. All three SCFA tended to slow proliferation, promote brush border enzyme activity, and inhibit both adhesion to and motility across a type I collagen matrix substrate. However, we observed substantial differences in the potency of these three SCFA with regard to these effects. In particular, butyrate was uniformly more potent than an equimolar concentration of acetate whereas equimolar propionate achieved comparable effects with regard to proliferation and brush border enzyme activity but was intermediate between butyrate and acetate with regard to modulation of cellmatrix interactions. Similarly, the SCFA downregulated c-myc protein levels and modulated the phosphorylation of several intracellular tyrosine phosphoproteins, but the effects of the three SCFA varied substantially for these parameters. These results suggest that the common short chain fatty acids are not equipotent in their effects on human Caco-2 colon cancer cell biology. Such differences in potency could contribute to the observed differences in effects of different dietary fibers in vivo.

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E pidemiologic data suggest that increased intake of dietary fiber may inhibit colorectal carcinogenesis. Competing (or complementary) explanations for this effect include direct antineoplastic activity by fiber components, dilutional reduction of luminal carcinogen concentra-

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tions, fiber-associated alterations in colonic transit that decrease colonic enterocyte exposure to luminal carcinogens, and production of short chain fatty acids by bacterial fermentation of dietary fiber (1). In particular, the short chain fatty acids have been hypothesized to act directly on colonic mucosal cells to oppose neoplastic transformation (2). However, *in vivo* studies have demonstrated differing effects of various dietary fibers on colonocyte proliferation (3, 4). Furthermore, different dietary fibers appear to be metabolized to yield different ratios of the common short chain fatty acids (1).

Therefore, we hypothesized that each of the short chain fatty acids abundant in the colonic lumen might exert different effects on colonic cells. We sought to test this hypothesis using the human Caco-2 cell line. Originally derived from a well-differentiated adenocarcinoma, the

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Caco-2 cell is almost uniquely well differentiated among established human colonic lines (5–7) and may therefore serve as a useful model in which to study the regulation of colonocyte phenotype and proliferation.

We cultured a differentiated subclone of the Caco-2 cell (8) in media supplemented with equimolar concentrations of the three most common short chain fatty acids (butyrate, acetate, and propionate), and evaluated the effect of these short chain fatty acids on Caco-2 brush border enzyme expression (alkaline phosphatase and dipeptidyl peptidase), adhesion to type I collagen, and cell motility across a type I collagen matrix. In addition, we also evaluated the effects of short chain fatty acid supplementation on c-myc protein levels and the tyrosine phosphorylation of cellular proteins by Western blotting in order to determine whether the variations in the potency of these three SCFA for phenotypic change extended to variations in potency with regard to suppression of this proto-oncogene, which has previously been demonstrated to be modulated by butyrate treatment (9-13), and of tyrosine phosphorylation signaling events that may also be important for the pathobiology of colon cancer (14-19).

Methods

Cells. The Caco-2 cells used for these studies represent a clonal subpopulation of this established cell line selected for enterocytic differentiation (8). Cells were maintained at 37°C in 8% CO₂ in Dulbecco's Modified Eagle Medium (DMEM) with 10% fetal bovine serum, 10 μ g/ml transferrin (Boehringer Mannheim, Indianapolis, IN), 2 mM glutamine, 1 mM pyruvate, 10 mM HEPES, 100 μ /ml penicillin G and 0.1 mg/ml streptomycin. The medium was supplemented with 10 mM butyrate, acetate, or propionate depending on the condition studied. The 10 mM concentration represents a physiologically relevant one since alterations in dietary fiber might be expected to alter butyrate or propionate concentrations within the colonic lumen by this order of magnitude.

Digestive Enzyme Activity. The digestive enzyme activity was assessed in confluent Caco-2 monolayers after 24 hr supplementation of the culture medium with 10 mM acetate, butyrate, or propionate by spectrophotometric assays using cell lysates and synthetic substrates in conventional manner (20, 21, 22). In brief, cells were lysed in Dulbecco's PBS with 0.5% Triton X-100 and 0.35 M NaCl, and cell lysates were assayed in triplicate for protein by BCA technique (Pierce, Rockford, IL). Lysates normalized for equal protein concentrations were then assayed in triplicate for alkaline phosphatase and dipeptidyl peptidase by hydrolysis of p-nitrophenylphosphate and alanine-p-nitroaniline respectively (23). In each case, standard solutions of known concentrations of purified enzymes (Sigma Chemical Co., St. Louis, MO) were assayed simultaneously so that unknowns could be interpolated against the standard curve thus produced.

Motility. The motility was quantitated as previously described (24, 25). Briefly, cells were plated to confluence within stainless steel "fences" on bacteriologic plastic dishes pre-coated with type I collagen. After the cells had achieved confluence the fences were removed, permitting outward migration, and the cells were cultured in control medium or medium supplemented with short-chain fatty acids. After 6 days, cells were fixed *in situ*, and the area of the confining fence was subtracted from the area covered by the cells.

Adhesion. Adhesion was assessed by plating equal numbers of cells pretreated for 24 hr with 10 mM shortchain fatty acids onto dishes pre-coated with saturating concentrations of type I collagen. After 1 hr, nonadherent cells were gently washed away with phosphate buffered saline, and adherent cells were fixed with 10% formalin, stained with hematoxylin, and counted by light microscopy. At least 10 random high-power fields were counted per dish studied.

Proliferation. Proliferation was assessed by plating equal numbers of Caco-2 cells onto dishes pre-coated with saturating concentrations of type I collagen. After 12 hr, nonadherent cells were gently washed away with phosphate buffered saline and Time 0 dishes were trypsinized and counted by Coulter Counter ZM (Coulter Corporation, Miami, FL). In the remaining dishes, adherent cells were treated every other day in control media or control media supplemented with 10 m*M* acetate, propionate, or butyrate. Nonadherent cells were gently washed away with phosphate buffered saline, and adherent cells were trypsinized and counted by Coulter Counter on Days 1, 3, 5, and 7.

Dose Response Proliferation. The dose response proliferation was assessed again by plating equal numbers of Caco-2 cells onto dishes pre-coated with saturating concentrations of type I collagen. After 12 hr, nonadherent cells were gently washed away with phosphate buffered saline and Time 0 dishes were trypsinized and counted by Coulter Counter ZM (Coulter Corporation, Miami, FL). Adherent cells were treated every other day in control media or control media supplemented with 1, 3, 7, 10, 30, and 70 mM acetate, propionate, or butyrate. After 72 hr, nonadherent cells were gently washed away with phosphate buffered saline, and adherent cells were trypsinized and counted by Coulter Counter.

C-myc Protein. The c-myc protein was assessed by Western blotting of protein-matched aliquots of cell lysates (50 μ g/lane), resolved by 10% SDS-PAGE with a 4% stacking gel, and transferred to Hybond ECL (Amersham, Arlington Hts, IL) by tank transfer using a Hoeffer TE Transphor Electrophoresis Unit (Pharmacia, San Francisco, CA). All samples for Western blotting for c-myc had been preliminarily assayed for protein (BCA, Pierce, Rockford, IL) and diluted with buffer to equal protein concentrations prior to loading. Equivalency of loading across the lanes of the gel was also routinely verified by Coomassie blue staining. After blocking overnight in 10 mM Tris, 100 mM NaCl, and 0.1% Tween-20 containing 5% nonfat milk, the membrane

was blotted with a rabbit affinity-purified polyclonal antibody to human c-*myc* (Upstate Biotechnology, Lake Placid, NY) and a goat anti-rabbit IgG secondary antibody conjugated to horseradish peroxidase (Biorad, Hercules, CA) prior to development by the enhanced chemiluminescence (ECL) technique (Amersham, Arlington Hts, IL) and visualization on Hyperfilm MP (Amersham, Arlington Hts, IL). Images were then quantified densitometrically using a Microtek IIXE scanner, a PC, and SigmaScan/Image software (Jandel Scientific, Anaheim, CA).

Tyrosine Phosphorylation. Tyrosine phosphorylation of intracellular proteins was also assessed by Western blotting. Caco-2 cells were treated 24 hr prior to lysing. Protein-matched aliquots of cell lysates (100 µg/lane) resolved by 7.5% SDS-PAGE with a 4% stacking gel, and transferred to Hybond ECL (Amersham, Arlington Hts, IL) by tank transfer using a Hoeffer TE Transphor Electrophoresis Unit (Pharmacia, San Francisco, CA). After blocking overnight in 10 mM Tris, 100 mM NaCl, and 0.1% Tween-20 containing 5% nonfat milk, the membrane was blotted with a mouse affinity-purified polyclonal antibody to human phosphotyrosine (PY20, Transduction Laboratories, Lexington, KY) and a sheep anti-mouse anti-IgG secondary antibody conjugated to horseradish peroxidase (Amersham, Arlington Hts, IL) prior to development by the ECL technique (Amersham, Arlington Hts, IL) and visualization on Hyperfilm MP (Amersham, Arlington Hts, IL). Images were then quantified densitometrically using a Microtek IIXE scanner, a PC, and SigmaScan/Image software (Jandel Scientific, Anaheim, CA). All samples for Western blotting for tyrosine phosphoproteins had been preliminarily assayed for protein (BCA, Pierce, Rockford, IL) and diluted with buffer to equal protein concentrations prior to loading. Equivalency of loading across the lanes of the gel was also routinely verified by Coomassie blue staining.

Colonocyte Isolation. Colonocytes were isolated from pathologically confirmed nonmalignant human surgical specimens from patients undergoing resection for benign disease. Briefly, mucosa was stripped from the colon and rinsed in phosphate buffered saline (PBS) until clean. The mucosa was rinsed in PBS supplemented with 0.3 mM EDTA, and the resulting colonocytes were rinsed in cell culture media to remove traces of EDTA prior to seeding onto collagen-coated dishes and treatment with either control media or control media supplemented with either 10 mM acetate, propionate, or butyrate.

Statistics. Individual results from each experiment were normalized to the mean control value from each experiment. The results were first analyzed by ANOVA with P < 0.05 taken as the level of statistical significance, and then relevant comparisons of SCFA treatments to values in control (untreated) cells were performed using a modified Bonferroni's *t* test.

Results

Proliferation. Preliminary studies demonstrated that proliferation was slowed by all three SCFA but with a substantially greater effect for butyrate. For instance, in one study, the calculated length of the cell cycle based on logarithmic transformation of serial cell counts was essentially doubled by 10 mM butyrate and propionate with a substantially lesser effect by 10 mM acetate. (n = 20 from one of three similar studies, P < 0.001, data not shown). Figure 1 demonstrates that this effect became statistically significant at 1 mM propionate or butyrate and 10 mM acetate treatments (n = 10, P < 0.005). Figure 2 demonstrates that the differences in SCFA effects on proliferation were sustained over a 7-day period. The 10 mM butyrate significantly inhibited Caco-2 cell growth after 1 day whereas similar effects were not observed in



Figure 1. Effect on Caco-2 cell proliferation of 24-hr treatment with 0—70 m*M* short chain fatty acids acetate, propionate, and butyrate normalized to control untreated cells. (Mean \pm SE, n = 10, **P* < 0.005)



Figure 2. Effect on Caco-2 cell growth of 0– 7-day treatment with 10 m*M* short chain fatty acids acetate, propionate, and butyrate as compared to control untreated cells. (Mean \pm SE, *n* = 10, **P* < 0.05)

acetate and propionate treated cells until Day 3 (n = 10, P < 0.05).

Cell Motility. The cell motility was also altered by treatment with short-chain fatty acids. Caco-2 migration across a type I collagen matrix was inhibited by each of the three short-chain fatty acids studied, but once again differences between the effects of the three agents studied were observed. Caco-2 monolayer expansion was reduced to 49.6 $\pm 0.3\%$ of control values by 10 mM butyrate whereas inhibition by propionate was less pronounced and that by acetate even less substantial (Table I, n = 12 pooled from three similar studies, P < 0.001 for each). Cell adhesion was affected in parallel to cell motility (Table I). For instance, in one study, 10 mM butyrate reduced the number of adherent cells/high-power field from 56.9 \pm 0.6 to 2.6 \pm 0.2 (P < 0.001 from one of five similar studies) whereas the comparable values for propionate and acetate were 18.1 ± 0.4 and 27.3 ± 0.5 respectively (P < 0.001 from one of five similar studies).

Western Blotting. Western blotting for myc also demonstrated differences in SCFA potency. Western blotting of Caco-2 lysates with antibody to c-*myc* revealed two

reproducible bands. The higher had an approximate apparent molecular weight of 60 kD, and the lower exhibited an approximate apparent molecular weight of 49 kD. These bands correspond in apparent molecular weight to previously described c-myc 1 and c-myc 2 proteins (Ref. 26, and personal communication Liisa Eisenlohr, UBI, Lake Placid, NY). All three SCFA downregulated c-myc 1 protein levels. However, marked differences in potency were observed between the three SCFA studied, with butyrate the most potent (decreasing band intensity by $39 \pm 4\%$) and acetate the least potent (decreasing band intensity by $28 \pm 3\%$) (n = 10, P< 0.001 for all, Fig. 3 and Table I); c-myc 2 was also significantly downregulated by butyrate and propionate, but not by acetate (Fig. 3 and Table I).

Tyrosine Phosphorylation. Tyrosine phosphorylation of intracellular proteins was also affected by the three SCFA studied. Numerous tyrosine phosphoprotein bands could be identified upon SDS-PAGE resolution of Caco-2 cell lysates and Western blotting, with different bands being of markedly different intensities. Upon densitometric analysis of several exposures of each blot, chosen to achieve an appropriate densitometric range for each relevant band, it

Table I. Effects of S	Short Chain Fatty	Acids on Caco-2	Phenotype,	Proliferation,	and c- <i>myc</i> F	Protein Levels
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Assay	Control	Acetate	Propionate	Butyrate
Alk Phos (U/ng/protein)	14.3 ± 1.1	48.3 ± 2.5**	359 ± 7.3**	321 ± 11**
DPDD (U/ng/protein)	$1.00 \pm .09$	5.78 ± 0.11**	6.97 ± 0.10**	8.53 ± 0.18**
Motility (mm ² /day)	144.8 ± 3.3	103.5 ± 1.7**	127.5 ± 0.2**	71.8 ± 0.4**
Adhesion (cells/HPF)	56.9 ± 6.6	27.3 ± 0.5**	$18.1 \pm 0.4^{**}$	2.6 ± .02**
Doubling time (hr)	23.7 ± 0.7	$34.9 \pm 1.0^{**}$	44.1 ± 1.0**	46.2 ± 1.1**
c-mvc 1 band intensity (tx/control)	1.00	$0.72 \pm 0.003^{**}$	$0.61 \pm 0.004^{**}$	0.51 ± 0.004**
c-myc 2 band intensity (tx/control)	1.00	0.93 ± 0.057	0.55 ± 0.045**	0.47 ± 0.053**

Note. Mean ± SE, ANOVA ** P < 0.005 compared to control



Figure 3. Effect on Caco-2 *c-myc* 1 and *c-myc* 2 protein levels of 24-hr treatment with 10 m*M* short chain fatty acids acetate (Ace), propionate (Prop), and butyrate (But) as compared to control (Con) untreated cells. Protein-matched lysates from untreated and treated cells were resolved by SDS-PAGE and Western blotted for *c-myc*. Results shown represent a typical blot from 1 of 10 separate studies. The upper (dominant) band of molecular weight 60 kD represents *c-myc* 1 whereas the lower molecular weight (49 kD) fainter band represents *c-myc* 2.

became apparent that not only were substantially different effects observed between the three SCFA studied, but also the tyrosine phosphorylation of the various bands visualized by Western blotting varied significantly in differential susceptibility to the SCFA (Table II).

In preliminary observations, we have recently observed effects of 24-hr short-chain fatty acid treatment on alkaline phosphatase expression in primary human colonocytes isolated from three separate nonmalignant surgical specimens (Fig. 4) similar to those described above in Caco-2 cells.

Discussion

Short-chain fatty acid concentrations within the colonic lumen exceed those at any other physiologic site in humans. In addition to acting as a metabolic fuel for the mucosa, these fermentation products of dietary fiber have been implicated in the regulation of colonic epithelial proliferation and phenotype and the prevention of malignant transformation to colon cancer. Recently, this subject has been reviewed extensively (27). Observations such as those described here and previously by others (28–36) suggest that butyrate may be sufficient to promote the differentiation and inhibit the proliferation of some colonic neoplastic cells, and observations are consistent with the hypothesis that butyrate induces colonic epithelial cells to differentiate toward



Figure 4. Effect on primary human colonocytes isolated from three separate surgical specimens treated for 24 hr with either 10 m*M* short chain fatty acids acetate (Ace), propionate (Prop), or butyrate (But) normalized to control (Con) untreated primary human colonocytes. (Mean \pm SE, n = 3, *P < 0.05)

an absorptive phenotype and away from a rapidly reproducing, motile, and poorly differentiated phenotype resembling colonic malignancy. We present here data in a Caco-2 cell culture model to demonstrate that different short-chain fatty acids may have radically different potencies in this regard.

The Caco-2 cell line is an established human colon carcinoma cell line that differentiates spontaneously and reproducibly during culture. Indeed, the Caco-2 cell is almost uniquely differentiated among extant human intestinal epithelial cell lines (5–7). These cells express electrical and morphological tight junctions and a highly specialized brush border with regulatable brush border enzymes. Peterson and

Band	~Mr (kD)	Control	Acetate	Propionate	Butyrate	
1	181	1.00 ± .10	0.77 ± .05**	0.78 ± .10*	0.80 ± .05**	
2	170	1.00 ± .17	0.93 ± .11	0.83 ± .21	0.91 ± .11	
3	150	1.00 ± .09	0.81 ± .04**	0.91 ± .05*	0.90 ± .06	
4	130	1.00 ± .11	1.02 ± .06	0.92 ± .05	079 ± .09**	
5	120	1.00 ± .12	0.95 ± .04	0.97 ± .05	0.79 ± .05**	
6	111	1.00 ± .13	0.92 ± .04	0.86 ± .07	0.89 ± .06	
7	90	1.00 ± .12	0.85 ± .09	1.11 ± .06	0.86 ± .07*	
8	72	1.00 ± .07	0.75 ± .05**	.081 ± .07*	.075 ± .05**	
9	60	1.00 ± .12	0.91 ± .05*	1.24 ± .09*	0.99 ± .09	
10	52	1.00 ± .10	1.06 ± .05	1.11 ± .06*	1.07 ± .07	
11	47	1.00 ± .09	0.79 ± .05**	0.79 ± .05**	0.67 ± .07**	

Table II. Effects of short chain fatty acids on intracellular Caco-2 tyrosine phosphoprotein band intensity

Note. Effect on the tyrosine phosphorylation of intracellular Caco-2 proteins of 24-hr treatment with 10 m*M* short chain fatty acids acetate, propionate, and butyrate as compared to control untreated cells. *Protein-matched lysates from untreated and treated cells were resolved by SDS-PAGE and Western blotted for phosphotyrosine. Results shown represent normalized and pooled data from densitometric analysis of seven separate studies. (Mean \pm SE, ANOVA **P* < 0.05, ***P* < 0.005 compared to control)

Mooseker have subcloned from the parent Caco-2 line a cell line that exhibits an even more differentiated brush border (8), suggesting that this subclone may be useful to model the regulation of colonocytic differentiation. We have previously characterized the differentiation and motility of this subclone and demonstrated that it may serve as a model for the regulation of intestinal epithelial differentiation and motility by extracellular matrix proteins, soluble bioactive peptides, luminal nutrients, and growth factors (25, 27, 37–40). The concentrations of short-chain fatty acids used in this study are of a similar order of magnitude to and actually lower than those observed within the colonic lumen. Substantially higher concentrations inhibited the adhesion of the cells to their substrate sufficiently that anchorage-dependent growth could not be maintained in culture (data not shown).

Although the Caco-2 cell line was derived from a human adenocarcinoma, the Caco-2 cell is uniquely welldifferentiated and is extensively utilized as an *in vitro* model of normal intestinal epithelial biology (41–48). Indeed, experiments in nonmalignant primary human colonocytes reveal short-chain fatty acid effects on alkaline phosphatase similar to those we observed in Caco-2 cells, although these data must clearly be interpreted cautiously and require further investigation.

The 10 mM short-chain fatty acid concentration represents a physiologically relevant one since alterations in dietary fiber might be expected to alter butyrate or propionate concentrations within the colonic lumen by this order of magnitude. Although we have shown that short-chain fatty acids inhibit cell proliferation at concentrations ranging from 1–7 mM (Fig. 1), stabilization of these inhibitory effects do not occur until the 10 mM concentration and remain unaltered as concentrations of acetate and propionate reach 70 mM. The effects on butyrate are similar from 10–30 mM, but decline again at 70 mM, a physiologic concentration rarely achieved by those consuming a "typical" Western diet.

The present study suggests that short-chain fatty acids inhibit Caco-2 motility, adhesion, and proliferation while stimulating the specific activity of the brush border enzymes alkaline phosphatase and dipeptidylpeptidase, which serve as differentiation markers in this cell line (5). These results are consistent with previous observations of the effects of sodium butyrate on colonocyte cell line phenotype and proliferation (9-13). However, there appear to be marked differences in potency among equimolar concentrations of the three most common short-chain fatty acids (butyrate, acetate, and propionate). In particular, although there are differences in relative potency for each of the parameters studied, butyrate appears more potent than equimolar acetate for all parameters studied, and propionate appears generally intermediate in potency. These results contrast with previous studies in the LIM1215 cell line (49) in which propionate was not effective, but are consistent with other observations of the effects of propionate on colorectal cell-line

apoptosis (50) and T84 cell-line growth factor modulation of paracellular permeability (51).

The differences in the effects of the three short-chain fatty acids on phenotype and proliferation were also reflected in differences in the effects of these agents on protein levels of c-myc, a proto-oncogene involved in the regulation of cell differentiation and proliferation. Butyrate has previously been reported to downregulate c-myc expression in several human colon cancer cell lines (9-13), although it remains unclear whether this block occurs by potentiating a transcriptional elongation block and a shift in relative usage of the two major promoters of the c-myc gene (11) or at the post-transcriptional level (13). This study confirmed the downregulation of c-myc by butyrate, but further demonstrated that propionate and acetate were proportionately less potent in this regard. This investigation also demonstrated that butyrate and propionate each downregulate c-myc 2 protein levels; c-myc 2 is a second myc-related protein of approximate molecular weight 49 kD and is known to crossreact with the c-myc antibody (26) although its function is as yet unclear.

Alterations in tyrosine kinase activity or the tyrosine phosphorylation state of a variety of potential oncoproteins are known to occur in colon cancer and premalignant colonic lesions (13–17) whereas butyrate is known to alter intracellular tyrosine kinase activity in human colon cancer cell lines (18). Once again, the tyrosine phosphorylation of several intracellular proteins was also observed to be differentially modulated by the three SCFA studied in these experiments in a complex pattern suggesting that various tyrosine phosphoproteins are likely to be differently sensitive to the three SCFA.

The magnitude of some of these tyrosine phosphoprotein changes on densitometry are small, and not all may be biologically significant. This is particularly true since the fact that a given protein is more or less tyrosine phosphorylated does not necessarily mean that there is a biologically significant difference in its function. Nevertheless, many tyrosine phosphoproteins are integral parts of amplifying signal transduction cascades so a relatively small change might be further amplified by downstream events into an effect of biological significance. Elucidation of the biological significance of these changes must await identification of the phosphoproteins themselves, which is a subject for further study, but certainly the present experimental data further suggest that different SCFA may have different potencies on intracellular events as well as cellular phenotype.

The pharmacologic modulation of tyrosine phosphorylation using the nonspecific tyrosine kinase inhibitor genistein and the tyrosine phosphatase inhibitor orthovanadate has also been reported to correlate inversely with *c-myc* expression *via* postranscriptional effects in two colon cancer cell lines (19), but whether this association is causal or epiphenomenal has yet to be established.

The mechanism for the differences in potency between butyrate, propionate, and acetate with regard to cell phenotype, proliferation, and intracellular characteristics also awaits further investigation. Although butyrate is more readily metabolized than either acetate or propionate (52), the differences in potency between these short-chain fatty acids do not completely parallel their differences in metabolism. Thus, other factors may also be involved, which await further clarification of the different effects of these compounds at the molecular level. In particular, butyrate has been demonstrated to inhibit histone deacetylase and thus increase histone acetylation states more potently than propionate, whereas acetate has little effect (53–56).

However, the present data are consistent with previous observations that butyrate is more potent than other shortchain fatty acids with regard to proliferation (57), and suggest the potential complexity of the responses to dietary fiber in vivo, which may be induced by the short-chain fatty acid products of fiber fermentation. These results may have clinical significance as well as biologic interest since the fermentation of various dietary fibers by colonic bacteria yields varying proportions of the most common short-chain fatty acids (1). Although these results await further investigation and confirmation in primary tissues and in vivo, such observations suggest the possibility that dietary supplementation with equal amounts of various dietary fibers may have different effects. It is possible that clarification of which effect(s) of these short-chain fatty acids are clinically relevant may be important for determining which types of dietary fibers may be most protective against colonocyte neoplastic transformation.

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