

17133. Interrelationship of Vitamin B₁₂ and Choline. II. Effect on Growth of the Chick.*

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In the accompanying paper it was reported that the severity and incidence of renal hemorrhage in weanling rats fed diets low in choline and methionine were significantly decreased by supplementing the diet with vitamin B₁₂.¹ In concurrent experiments the interrelationship of the vitamin B₁₂ and choline requirements for growth of the chick was studied.

Experimental. Day-old Leghorn chicks of the A.P.I. strain were divided into 3 weight classes ranging from 34 to 42 g. The selected chicks were then distributed, 8 to 12 per group, so that the group average was about 38 g. The chicks were wing-banded and housed in standard commercial, electrically heated batteries, which were equipped with raised wire floors. Feed and water were supplied *ad libitum* and the chicks were weighed weekly. The basal diet was composed of extracted peanut meal 30,² sucrose 36.9, extracted casein 6,³ L-cystine .1, cod liver oil 1, lard 19, Ca₃(PO₄)₂ 2.87, K₂HPO₄ 1.442, CaCO₃ .903, MgSO₄ · 7H₂O .840, NaCl .70, Fe Citrate .182, MnSO₄ · 4H₂O .035, ZnCO₃ .014, CuSO₄ · 5H₂O .007, and KI .007. Vitamin supplements, mg/kg diet, were as follows: thiamine 3, pyridoxine 4, riboflavin 6, calcium

pantothenate 20, niacin 50, inositol 1000, folic acid 1, biotin .25, alpha tocopherol 25, alpha tocopherol acetate 25, and menadione 5. The diets were mixed at 10-day intervals and stored at 1°-5°C. The basal diet furnished a maximum of .007% choline and .3% methionine. Preliminary studies had established that supplementation of this basal diet with .6% choline chloride was necessary for maximum growth.

A summary of four experiments is given in Table I. Concentrates of vitamin B₁₂ were added to the basal diet at the expense of sucrose and the choline supplement was reduced in the amount that was furnished by the concentrates. Choline was determined by the procedure of Engel,⁴ modified by washing the choline reineckate precipitate with cold N-propyl alcohol in place of methyl alcohol. Vitamin B₁₂ concentrates Nos. 1 and 3 were a charcoal and fullers earth adsorbate, respectively. The crystalline vitamin B₁₂ was in the form of a solution containing 25 µg/ml.

When the basal diet was supplemented with .6% choline chloride, the addition of vitamin B₁₂ concentrates Nos. 1 or 3 at a level to supply 30 µg vitamin B₁₂ per kg diet caused an average increase in weight gain of 24 to 28 g in 2 weeks, or 59 to 66 g in 4 weeks. The feeding of the concentrates to supply 15 µg vitamin B₁₂ per kg diet resulted in a weight increment of 52 to 62 g in 4 weeks.

When the choline supplement was reduced to .2%, the addition of vitamin B₁₂ concentrate caused an increase in weight gain at 2 weeks of 32 g and 100 g in 4 weeks. At the .1% level of choline chloride supplement the greatest increase in weight gain due to the vitamin B₁₂ concentrate was observed. The weight increment was 63 g at 2 weeks and 186 g at 4 weeks. The total weight of these birds was as good as that obtained when the

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¹ Schaefer, A. E., Salmon, W. D., and Strength, D. R., *Proc. Soc. Exp. Biol. and Med.*, 1949, **71**, 193.

² Engel, R. W., *J. Nutrition*, 1948, **36**, 739.

³ Salmon, W. D., *J. Nutrition*, 1947, **33**, 155.

⁴ Engel, R. W., *J. Biol. Chem.*, 1942, **144**, 701.

TABLE I.

Exp. No.	Dietary supplement		No. of chicks	Avg wt gain g/chick	
	Choline chloride %	Source of vitamin B ₁₂ $\cong$ μ g B ₁₂ /kg diet		2 wk	4 wk
4	.05	0	11	20	46
3, 4	.1	0	23	27	60
2	.2	0	12	31	95
1, 2, 3, 4	.6	0	47	54	154
4	.05	B ₁₂ conc. No. 1 $\cong$ 15	11	41	150
3	.1	" " " 1 $\cong$ 30	12	90	246
4	.1	" " " 1 $\cong$ 15	11	72	262
1, 2, 3	.2	" " " 1 $\cong$ 30	34	63	195
1, 2, 3, 4	.6	" " " 1 and 3 $\cong$ 30	59	79	218
1, 3	.6	" " " 1 and 3 $\cong$ 15	22	78	210

diet was supplemented with .6% choline chloride plus vitamin B₁₂ concentrate (Fig. 1).

When the choline supplement was .05%, the increase in weight resulting from the addition of vitamin B₁₂ concentrate was less than that observed in the groups receiving .1% and .2% choline chloride. This indicates that this level of vitamin B₁₂ cannot replace the entire dietary choline required by the chick but that a minimum level of choline must be present.

That vitamin B₁₂ was the active principle in the concentrates is indicated by the data in Table II. Pure vitamin B₁₂ fed at a level of 15 μ g per kg of diet caused an average increase in weight gain of 14 g at 1 week and 40 g in 2 weeks as compared to 14 g at 1 week and 45 g in 2 weeks for the group receiving the vitamin B₁₂ concentrate.

Discussion. The choline requirement for normal growth of chicks fed the basal diet without a source of vitamin B₁₂ was .6% choline chloride as compared to .1% when vitamin B₁₂ was added to the diet. This in-

terrelationship of vitamin B₁₂ and choline for the chick is in agreement with the results obtained with rats.¹

The chicks used in these experiments were progeny of hens from a strain that had been bred for high livability. The breeding flock is on commercial breeding ration, which supports good egg production. The progeny of these hens have shown a very uniform growth response to the addition of vitamin B₁₂. Not only was this growth increment uniform but it was also much greater than that reported by other investigators using other types of diets. For example, when the basal diet was supplemented with .1% choline chloride plus a source of vitamin B₁₂ $\cong$ 30 μ g per kg of diet, the growth increment was 63 g at 2 weeks and 186 g at 4 weeks. This increment is considerably greater than that reported by the following workers: Lillie, *et al.*,⁵ 34 to 60.3 g increase in body weight from the second to the fourth week; Nichol, *et al.*,⁶ 79 to 88 g for a similar period, and Ott, *et al.*⁷ of 20 to 46 g at 17 days.

These observations of the influence of choline level on the vitamin B₁₂ requirement may be useful when procedures for a chick assay of vitamin B₁₂ are being standardized. The data presented in Fig. 1 indicate that vitamin B₁₂ can be assayed more effectively if

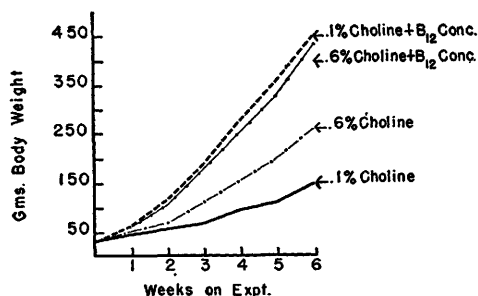


FIG. 1.

Sparing action of vitamin B₁₂ concentrate on the choline requirement of chicks. (12 chicks per group).

⁵ Lillie, R. J., Denton, C. A., and Bird, H. R., *J. Biol. Chem.*, 1948, **176**, 1477.

⁶ Nichol, C. A., Dietrich, L. S., Cravens, W. W., and Elvehjem, C. A., *Proc. Soc. Exp. Biol. and Med.*, 1949, **70**, 40.

⁷ Ott, W. H., Rickes, E. L., and Wood, T. R., *J. Biol. Chem.*, 1948, **174**, 1047.

TABLE II.
Crystalline Vitamin B₁₂ Compared with Vitamin B₁₂ Concentrate.

Dietary supplement		No. of chicks	Avg wt gain g/chick	
Choline chloride %	Source of vitamin B ₁₂ $\cong$ μ g per kg diet		7 days	14 days
.1	None	11	16	27
.1	Crystalline vit. B ₁₂ $\cong$ 15	7	30	67
.1	B ₁₂ conc. No. 1 $\cong$ 15	11	30	72

the basal diet is supplemented with .1% choline chloride than when it is supplemented with .6%. It would be of interest to determine whether the feeding of a low-choline diet to hens would increase the requirement for the "animal protein factor" in the progeny, similar to that noted when the hens were restricted to a diet low in the "animal protein factor".^{5,6}

The interesting interrelationship of vitamin B₁₂, choline, and methionine is being studied further in this laboratory.

Summary. 1. Vit. B₁₂ was fed to Leghorn chicks receiving a choline-low basal diet supplemented with .6%, .2%, .1%, and .05% choline chloride. The 14-day increment in

weight gain over the controls that did not receive vitamin B₁₂ was 26 g, 32 g, 63 g, and 21 g, respectively.

2. Crystalline vit. B₁₂ fed at a level of 15 μ g per kg of diet and at a choline level of .1% was as effective as vit. B₁₂ concentrate in a 2-week feeding period.

3. The choline requirement of chicks under the conditions of these experiments was markedly reduced by the supplementation of the diet with vit. B₁₂.

4. It appears that dietary choline has a significant sparing action on vit. B₁₂.

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17134. An Oxygenator with Increased Capacity: Multiple Vertical Revolving Cylinders.*

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The vertical revolving cylinder has been shown to be an effective oxygenator for blood.^{1,2} Its efficiency as an oxygenator is probably increased by making the cylinder shorter in relation to its diameter.³ These data were applied in the construction of an-

other oxygenator with approximately eight times the capacity of the oxygenator previously studied.

Experimental. Eight concentric cylinders (Fig. 1, C) 21 cm in height, ranging from 27.5 cm to 17.0 cm in diameter are mounted so that the lower edges of the cylinders are approximately one centimeter above the inner surface of a cone (f). The surface area is 14,500 cm². Blood is delivered through individual spouts (b) onto the inner surface of each cylinder, drops off of its lower edge onto the inner surface of the cone, flows into the vertical shaft (t), runs down the inner surface of the shaft, and collected in the stationary cup (h) beneath. A 94% O₂ and

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¹ Gibbon, J. H., Jr., *J. Lab. and Clin. Med.*, 1939, **24**, 1192.

² Gibbon, J. H., Jr., and Kraul, C. W., *J. Lab. and Clin. Med.*, 1941, **26**, 1803.

³ Karlson, K. E., Dennis, C., and Westover, D. E., *Proc. Soc. Exp. Biol. and Med.*, 1949, **70**, 225.