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Foreign-Body Type Reaction in Fat Cells.* (24039)

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During studies of the response of rats to diets containing very high amounts of saturated fats, a foreign-body type reaction was observed in fat cells of adipose tissue adjacent to sections of various organs prepared for histological examination. This report describes these altered fat cells and various dietary conditions under which they occur. Although a similar abnormality had been observed earlier with one of these fats by Cox and DeEds,[†] their data have not been published.

Methods and materials. Weanling male and female rats were obtained from Holtzman Rat Co. and fed one of the following diets. Each diet contained 20% vitamin-test casein, 4% B-vitaminized casein(1), 5% USP XIV salts, 4% corn oil, 17% glucose, and supplements of Vit. A, D, and E at levels of 40,000 I.U., 4,000 I.U., and 510 I.U./kg diet, respectively. The saturated fats incorporated at a level of 50% were fully-hydrogenated lard, palmitic acid, stearic acid, or a saturated partially acetylated monoglyceride(1). Ethyl stearate was fed at 45% with 5% cellulose added to provide body to the diet. A control group was given 50% lard. Rats were sacrificed at 8-week intervals and examined grossly. Portions of perigastric, perirenal, periadrenal, perigonadal, and subcutaneous

fat were removed from each rat, fixed with Bouin's solution, sectioned, and stained with hematoxylin and eosin.

Results. Gross examination of the viscera and body cavities was not remarkable except for general fullness of the gastrointestinal tract with creamy colored food and an occasional mottled appearance of fat depots in animals fed the saturated fats.

Microscopic examination of sections showed an unusual foreign-body type reaction in fat from rats fed saturated fats (Fig. 1, top). The lesion consisted of a multinucleated cellular reaction usually located within the fat cell membrane with nuclei arranged evenly about periphery of the fat cell or in clumps. In many instances, the material which occupied the center of the fat cell, appeared to have been partially dissolved, leaving delicate slit-like spaces which were radially oriented and suggestive of fatty acid crystals (Fig. 1, bottom). The reactive process usually involved 2 or more adjacent fat cells and was separated from similar areas by uninvolved fat cells. No acute inflammatory reaction, evidence of recent hemorrhage, or birefringent material were associated with the fat reaction.

The phenomenon occurred within 8 weeks in rats fed diets containing palmitic acid, stearic acid, ethyl stearate, or saturated partially acetylated monoglycerides and within 16 weeks in rats fed the fully-hydrogenated lard diet, but was not observed in rats fed the control lard diet. The flecks of opaque white material observed grossly in the depot fat of some rats were associated with the severest occurrence of the foreign-body type reaction as seen microscopically.

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[†] Observed in rats fed saturated acetylated monoglycerides for long periods of time by A. J. Cox, Dept. of Pathology, Stanford Univ., Calif., and F. DeEds, Western Regional Research Laboratory, Albany, Calif., private communication. *Added in proof:* Recently published by Cox and DeEds, *Am. J. Path.*, 1958, v34, 263.

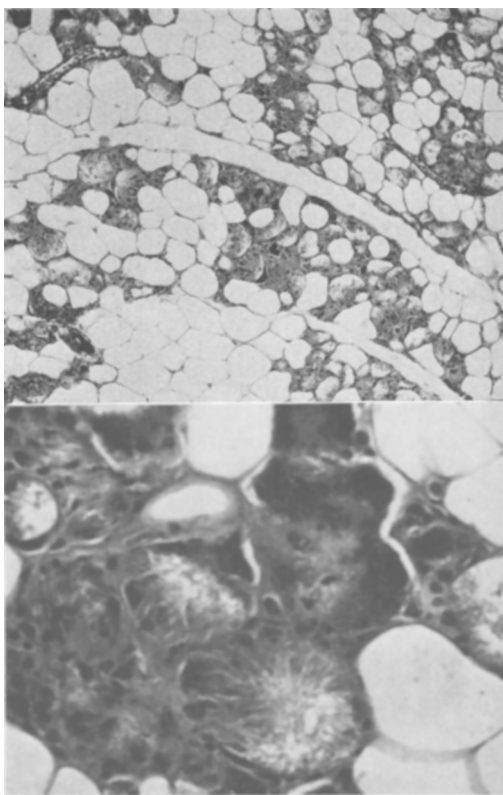


FIG. 1. *Top*: Periadrenal fat showing multiple islands of fat injury separated by normal fat. Hematoxylin and eosin, $\times 60$. *Bottom*: Higher magnification showing variations of cellular reaction. Multinucleated giant cells are present at top of print. A fat cell containing radial slit-like spaces is seen near bottom of print. Hematoxylin and eosin, $\times 430$.

This reaction in visceral and retroperitoneal fat of the rat bears some histologic resemblance to pathologic conditions of human fat such as fat necrosis of newborn(2), sclerema neonatorum(3), and traumatic fat necrosis of various types(4,5,6). Further studies are underway to determine the histochemical characteristics of the lesion.

Appearance of the foreign-body type reaction in all groups except that fed lard indicates that the reaction is a response to a relative or absolute excess of saturated long chain fatty acids. We are testing diets containing various proportions of saturated to unsaturated fatty acid to determine the critical ratio which produces this reaction.

Summary. A foreign-body type reaction has been observed in fat from rats fed diets containing high levels of saturated fat. The phenomenon and the dietary conditions under which it was produced, are described.

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Effect of Dilantin Sodium on Tensile Strength of Healing Wounds.* (24040)

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Hyperplasia of the oral gingiva is a common reaction among epileptics following systemic administration of sodium diphenylhydantoinate (Dilantin Sodium). The phenomenon does not occur in all patients and, in those affected, there is a wide range in severity of the lesion(1,2). The reason for this selective involvement of gingival tissues, other

tissues throughout the body apparently being unaffected, is unknown nor is the mechanism of hyperplasia understood. Tissue reaction is basically a fibrous hyperplasia with formation of increased bulk of dense collagen fibers. This has suggested to Shapiro that the compound might favorably influence the healing of gingival wounds through enhancing collagenization(3). He reported that administration of dilantin to non-epileptic patients in-

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